

AUGUST 2, 2015

Scripture Reflection

Food is the sustenance of life. In his public ministry Jesus of Nazareth was most often found at table eating and drinking. The Lord fed the hungry and quenched the thirsts of the people. There are many who literally need food for their hungry stomachs and thirst for clean water to drink. For many of us in the West food is something we consume too much and waste too often, while many others suffer with too little. Part of having more than enough is being thankful for the abundance and properly stewarding what is left over.

Jesus challenged those who followed him after the multiplication of loaves and fishes. Because the human needs are so real and genuine, it can be easy to focus on them when they are met and to see that as the end of life. Jesus asks his followers to look beyond and not to "work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you." It is only the spiritual food that will satisfy our deepest needs.

We long for a renewal in the spirit of God's Word, the Word Made Flesh. This renewal criticizes every human vanity and every form of lust and greed; it strips excuses away and leaves us hungry for the truth alone. This is the hunger that compels us to demand "Sir, give us this bread always." Jesus tells us: "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." It is this bread that orders all our appetites and allows us to turn away from the desires of selfishness and indifference so that we can clothe ourselves in the likeness of God and in true holiness.

• **How deep is your hunger? Do you hunger for more or do you give thanks for what you have? Can you honestly say that you hunger for God?**

AMERICA MAGAZINE: July 20-27, 2015 John W. Martens

ANNUAL CATHOLIC APPEAL 2015

An update on this year's Appeal shows 367 gifts have been received. This year the Cathedral Parish goal was set at **\$66,350.00**. We have raised **\$95,075.00** to date. We are **\$29,625.00** over goal and have now received **\$14,412.52** back from the Diocese. Our next check will be over **\$4,000.00** as we continue to make our pledge payments. If you have yet to participate in this year's Appeal, it is not too late. Place any envelope marked ACA in the regular Sunday collection. Thank you.

Gifting the Cathedral Parish

As wills and insurance policies are established with your attorney, remember the Cathedral Parish as a beneficiary of your estate. Perhaps you would like to direct your gift to a particular ministry or project at the Parish. Please realize that Mass Stipends go directly to fulfilling that canonical wish and do not aid the financial life of the Parish.

Baptismal Preparation

Monday, August 10 in the Seton Suite at **7:00 PM**. Attendance at Baptismal Prep is required before a baptism is scheduled at Cathedral Parish and class is offered every other month. You do not have to wait until your baby arrives to come to class. Godparents are encouraged to attend as well. Call the Parish Office at 944-4603 to register. Next scheduled class, Monday, October 12.

Altoona Central Catholic School Notes:

FIRST DAY BACK TO SCHOOL - AUGUST 26 OPEN HOUSE on August 24, from 5:30 PM until 6:00 PM in the school, followed by a delicious **DINNER** in Father Kelley Hall, starting at 6:15 PM. (Meatball sub, salad, fruit and drinks) Please R.S.V.P. by August 17 at 381-7011.

Gathering of Cathedral/McNelis School Alumni

On **Saturday, August 22, 3:00 PM to 4:30 PM** alumni of Cathedral School and McNelis School will meet to share memories and stories of their years at our former parochial school. In addition to your memories, perhaps you would like to bring some memorabilia - pictures, yearbooks, papers, etc. The gathering will take place in the parking lot. A picture will be taken of all participants on the Thirteenth Street steps of the school. Following this reunion, all are invited to the 5:00 PM Mass in the Cathedral.

THE CHURCH OF ALTOONA-JOHNSTOWN THE CATHEDRAL OF THE BLESSED SACRAMENT

ONE CATHEDRAL SQUARE, Altoona, Pennsylvania 16601-3315
Church Office: 814-944-4603

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions.

CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM.
Communal Penance Services: Advent and Lent.

ANOINTING OF THE SICK:

Communal celebration Easter Season.

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

DEVOTIONS:

Novena of the Miraculous Medal - Monday 7:45 AM.
Rosary - Wednesday 6:00 PM.
Charismatic Prayer - Monday 7:00 PM.
Evening Prayer within Eucharistic Exposition - Advent and Christmas, Lent and Easter Seasons - Sunday 6:30 PM.
Eucharistic Day - Feast of the Body and Blood of Christ.

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12.
Sunday morning 11:15 AM - 12:30 PM
Pre-Kindergarten thru 8.
Sunday evening 6:15 PM - 8:30 PM
Grades 9 thru 12.

WEB: WWW.ALTOONACATHEDRAL.ORG

FAX: 814-942-4337

E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG

EUCHARIST:

Sunday:	5:00 PM (Vigil) 8:00 AM 10:00 AM 12:00 Noon 5:00 PM	Holiday:	5:30 PM (Vigil) 8:00 AM 12:00 Noon 5:30 PM	Weekday:	6:45 AM 8:00 AM 12:00 Noon
				Saturday:	8:00 AM 12:00 Noon

SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851

Most Reverend Mark L. Bartchak, Bishop

Reverend Monsignor Robert C. Mazur, Rector

Reverend Father Dennis M. Kurdziel, Parochial Vicar

Reverend Father John J. Slovickovski, In Residence

Deacon Michael A. Anna

Deacon John J. Szwarc, Senior Deacon

CHRISTIAN INITIATION TEAM - 944-4603

CATHOLICS RETURNING HOME - 944-4603

ALTOONA CENTRAL CATHOLIC SCHOOL
Web: www.altoonacentralcatholic.com
Elementary - Pre-K thru Grade 5 - 381-7011

BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL
Web: www.bishopguilfoyle.org - 944-4014

DIRECTORS OF RELIGIOUS EDUCATION
Chris Laraia - Pre-K thru 8 - 946-3475
Jean Koury - 9 thru 12 - 949-2777
Religious Education Office: Sundays - 943-7424

MUSIC MINISTRY

Nina M. Tedeschi
Choir Director and Head Organist - 944-2044
Kevin J. Luke - E-mail: kluke@dioceseaj.org
Administrative Duties and Organist - 944-2044

EIGHTEENTH SUNDAY IN ORDINARY TIME

AUGUST 2, 2015

Readings: Ex 16:2-4, 12-15; Eph 4:17, 20-24; Jn 6:24-35

MASS INTENTIONS

August 3, Monday: Weekday

Readings: Nm 11:4-15; Mt 14:13-21

6:45 AM Dennis Irwin, Birthday (Matt & Melissa Kuzar)
8:00 AM Lavelle Family (Phyllis Sheetz)
12:00 PM Dave Hanley, Sr. (Family)

August 4, Tuesday: Saint John Vianney, Priest

Readings: Nm 12:1-13; Mt 14:22-36

6:45 AM Justine Allen (Jim and Mary Farrell)
8:00 AM Raymond Diebold (Betsy and Dennis Flynn)
12:00 PM Irene Kelly Wood, Birthday (Daughter)

August 5, Wednesday: Ded. Basilica of St. Mary Major

Readings: Nn 13:1-2, 25--14:1, 26-29, 34-35; Mt 15:21-28

6:45 AM Deacon John Rys (J. and B. Bettwy Family)
8:00 AM Vi Franchio (M/M Barry Launi)
12:00 PM Danyll Rougeux, Birthday (Mom and Dad)

August 6, Thursday: The Transfiguration of the Lord

Readings: Dn 7:9-10, 13-14; 2 Pt 1:16-19; Mk 9:2-10

6:45 AM Dick Huber (Cappy Caporuscio)
8:00 AM Pat Rabine (Mary Ann Bell)
12:00 PM Robert Smithmyer, Anniversary (Wife, Joan)

August 7, Friday: Saint Sixtus II, Pope, and Companions

Readings: Dt 4:32-40; Mt 16:24-28

6:45 AM Nozzie, Jennie, Sandy Calabrese (Family)
8:00 AM Rick Cowan and Karen Dougherty (Mom, Skip)
12:00 PM Mildred Burchfield (Robert Burchfield)

August 8, Saturday: Saint Dominic, Priest

Readings: Dt 6:4-13; Mt 17:14-20

8:00 AM Health of Chloe Grace Wilkes (Bernard/Suzi)
12:00 PM Deceased Members of McGreal Family
Vigil: Nineteenth Sunday In Ordinary Time
Readings: 1 Kgs 19:4-8; Eph 4:30--5:2; Jn 6:41-51
5:00 PM Donald Godish (Friend)

Please remember our sick in your prayers.

First Friday Communion Calls This Week

Our clergy visit the sick and home-bound of the parish each month. Call the Parish Office at 944-4603 to arrange a visit for yourself or a loved one.

Rest In Peace - Please remember in prayer our parishioner, Michael Febbo, who died and was buried from the Cathedral this past week. May he rest in peace and may his family be comforted in the faith.

Parish Summer Event

The Cathedral of the Blessed Sacrament will be hosting **CASINO NIGHT** in Cathedral Hall on **Saturday, August 8**, from **6:00 PM to 10:00 PM**. This is an adult evening with the following games: poker, roulette, over/under, chuck-o-luck, money plates, paddle wheel, 50/50 drawing and bingo tips. Food and beverages will be available: pulled pork sandwich platter, roast beef sandwich, meatball sandwich, pig-in-the-blanket, and french fries. Music will be provided by DJ. All are welcome! Several parishioners have come forward to volunteer help with the various booths. Please call the Parish Office to sign up to help with the various booths. This event is being advertised in other parish bulletins and is open to all adult friends of the Cathedral Parish. Plan to attend.

Heads Up - Saturday, August 15, is the Solemnity of the Assumption of the Blessed Virgin Mary. It is **not** a Holy Day of Obligation because it falls on a Saturday. Please know that the **Solemnity of the Assumption** will be commemorated at the **8:00 AM** and **Noon** Masses on **August 15**. All are welcome to participate at Mass on this day.

Homebound and Elderly Committee Meeting

There is a scheduled meeting for **Thursday, August 20** at **6:30 PM** in the Saint John Room.

Congratulations!

Robert and Chris Laraia, and Clark and Kim Adelman completed their training to become Catholic Marriage Prep Ministers through the Diocesan Family Life Office. Bob, Chris, Clark, and Kim are now certified to be instructors with the revised Marriage Preparation Process sponsored by the Diocese of Altoona-Johnstown. We are grateful for the time both couples have given for this preparation. All couples planning to marry and celebrate the Sacrament of Marriage are required to be part of the Marriage Prep Program. Cathedral Parish has always assumed responsibility each year for one of these three-meeting classes.

Charismatic Prayer Group

The Charismatic Prayer Group will not meet this Monday evening. Please join us on Monday, August 10th for Praise and Worship followed by a presentation by Lois Bergamaschi entitled "An Attitude of Gratitude." All are welcome!

OFFERTORY COLLECTION

Sunday, July 26, 2015 - \$8,899.75

Stewardship of Time

Thank you to Mary Louise Ball, David Behe, Mary Ann Bell, Janet Belsey, Paula Clemens, Beth Moore, Linda Nelson, Amelia Seiler, Bill and Grace Smith, Theresa Vaughn and Mary Gene Vogel who helped with the parish mailing this past week.

ANNUAL RAFFLE

The Annual Cathedral Raffle **tickets are available** for sale at the **Parish Office!** We are now looking for individuals who would like to take responsibility for group sales at work, in neighborhoods, or at family gatherings, and also volunteers to sell tickets after weekend Masses. There will be twenty cash prizes with \$5,000.00 in prizes: (1) \$2,000.00; (2) \$1,000.00 (3) \$500.00; (4) \$200.00; (5) \$200.00; (6) \$100.00; (7) \$100.00; (8) \$100.00; (9) \$100.00; (10) \$100.00; (11) \$100.00; (12) \$100.00; (13) \$100.00; (14) \$50.00; (15) \$50.00; (16) \$50.00; (17) \$50.00; (18) \$50.00; (19) \$25.00; (20) \$25.00. **One ticket will cost \$5.00.** Each family is asked to purchase or sell at least four tickets. Chances were mailed this week to all adult parishioners. The drawing will be held **Saturday, October 31** at **Family Night** in Cathedral Hall. You need not be present to win.

BEREAVEMENT SUPPORT GROUP

A Bereavement Support Group meets on the first Wednesday of every month at Catholic Charities, next to the Cathedral, from **6:00 PM - 7:00 PM**. Call 944-9388, ext. 205 to register for the **August 5** session.

Nocturnal Adoration - The monthly Vigil of Prayer scheduled by the Nocturnal Adoration Society for **Friday, August 7**, will be held at Saint Therese of the Child Jesus Parish, Altoona from 8:00 PM until 11:00 PM. Cathedral hour is 9:00 PM - 10:00 PM. New members are always welcome.

Liturgical Reflection ...

General Instruction of the Roman Missal

The Psalmist may be a liturgical ministry independent of the reading and cantor ministries. It is the psalmist's place to sing the Psalm or other biblical canticle between the two readings. To carry out this function correctly, it is necessary for the psalmist to be accomplished in the area of singing psalms and possess a facility in public speaking and elocution. The psalmist processes into Mass with the two readers in front of the Priest and the Deacon. The psalmist is seated with the readers in the sanctuary and returns with them to his/her place following the second reading.

General Instruction of the Roman Missal, Numbers 102.

2015, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.

Baptism Congratulations

Chole Catherine Weaver was baptized and welcomed into our Cathedral Parish Family on Saturday evening, July 25, at the 5:00 PM Mass. Congratulations to parents, Benjamin and Jennifer Farrell Rhodes, along with brothers, Elijah Cole and Lucas James, godparents, grandparents, aunts, uncles, and cousins. May the graces of the Sacrament of Baptism strengthen both our children and the adults who care for them.

Mass For College Students - Bishop Mark will celebrate Mass for students entering or returning to college this fall on **Sunday, August 9**, at **7:00 PM**, at the Our Lady of the Alleghenies Shrine in Loretto.

ATTENTION VOLUNTEERS!!

Due to the new Pennsylvania State Mandates on Youth Protection, all current or future volunteers at the parish **MUST** obtain new clearances. Please call Chris Laraia at 312-7317 for more information.

RELIGIOUS EDUCATION PRE K-11

Registration for 2015-16 for all students, both current and new, will be held after all Masses on Saturday/Sunday, August 29-30 in the Seton Suite. New members are asked to bring a copy of the student's Baptismal Certificate.

Altoona Catholic Daughters of the Americas Court Prince Gallitzin #2625 Fundraiser

Help us help our Altoona community and beyond by going to Hoss's in Altoona for dinner 11:00 AM until 9:00 PM on Sunday, August 16. Our Hoss's Group number is #28227. You must clip this entire ad and give it to your server when you pay your bill, or we will not get credit for your meal purchase. Valid only at the Hoss's at 621 Valley View Boulevard, Altoona on Sunday, August 16. Questions . . . call Mary at 946-3449.