

**JULY 19, 2015**

*Scripture Reflection*

Six centuries before Christ, on the eve of the Babylonian conquest, Jeremiah speaks an oracle of the Lord that scolds Israel's leaders for failing to shepherd the people of God. These kings have scattered rather than nurtured and led the people, and so the Lord himself will shepherd his people by appointing true shepherds.

Jesus also raised up shepherds to continue to guide the flock. After being sent out to evangelize, the apostles reported back to Jesus on everything "they had done and taught." The Good Shepherd's compassion extended to these protégés, whom Jesus knew needed rest, so he took them to a deserted place. But though they "went away in the boat to a deserted place by themselves," they could not find much time alone, for the people had already tracked them down and discerned the place they were going, waiting there when the disciples arrived.

Yet Jesus, when he "saw a great crowd," did not turn from the flock and focus on the shepherds. Jesus' compassion was poured out on the sheep "because they were like sheep without a shepherd." Jesus' compassion instead was a model for the shepherds who would continue his mission. In responding to the needs of the flock, Jesus gives us the priorities of the Good Shepherd: serve the people; care for the people; build up the people. These are the priorities not just of the Good Shepherd; they must be the priorities of all claimed for Christ at Baptism.

Last Sunday, Jesus sent off his disciples two by two to evangelize and heal the suffering. In today's Gospel they return to share their experiences. Jesus declares it is time for all of them to rest and regroup. So it is for us -- it is midsummer and time for rest! Plan some time for yourself in a quiet place. Rest in the beauty of God's creation and allow the time of solitude and quiet to restore your soul.

**• How are you called to be some kind of shepherd?**

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AMERICA MAGAZINE: July 6-13, 2015 John W. Martens

**Catholic Practice *Did you know?***

In Catholic practice there are times when believers **genuflect** and times when they **bow**. As a reminder, we genuflect to the Blessed Sacrament reserved in the tabernacle, and we bow to the holy altar where bread and wine become the Body and Blood of Jesus Christ. In general practice, we genuflect to the Reserved Blessed Sacrament when entering the church and when leaving the church. Please note: here in the Cathedral of the Blessed Sacrament the tabernacle was placed by Bishop Howard Carroll in 1960 in the Reservation Chapel to the left of the sanctuary. When genuflecting to the presence of Christ in the tabernacle here in the Cathedral, we turn slightly to the left and genuflect to the tabernacle. (The exception is when arriving by the side alley entrance, we genuflect directly in front of the tabernacle.) If one passes in front of the altar, it is always appropriate to reverently bow. We do not genuflect to the altar except when the consecrated elements are on the altar. When entering a Catholic Church, locate the tabernacle, genuflect in the direction of the Reserved Presence, and genuflect to the tabernacle when leaving.

**ANNUAL CATHOLIC APPEAL 2015**

An update on this year's Appeal shows **364** gifts have been received. This year the Cathedral Parish goal was set at **\$66,350.00**. We have raised **\$95,450.00** to date. We are **\$29,100.00** over goal and have now received **\$14,412.52** back from the Diocese. Our next check will be over **\$2,500.00** as we continue to make our pledge payments. If you have yet to participate in this year's Appeal, it is not too late. Place any envelope marked ACA in the regular Sunday collection. Thank you.

**Altoona Central Catholic School Notes:**

**FIRST DAY BACK TO SCHOOL - AUGUST 26**  
**OPEN HOUSE** on August 24, from 5:30 PM until 6:00 PM in the school, followed by a delicious **DINNER** in Father Kelley Hall, starting at 6:15 PM. (Meatball sub, salad, fruit and drinks) Please R.S.V.P. by August 17 if you will be attending the Open House by calling 381-7011.

**THE CHURCH OF ALTOONA-JOHNSTOWN**  
**THE CATHEDRAL**  
**OF THE**  
**BLESSED SACRAMENT**

ONE CATHEDRAL SQUARE, Altoona, Pennsylvania 16601-3315  
Church Office: 814-944-4603

**CHRISTIAN INITIATION OF ADULTS:**

The process of formation for those seeking God through membership in the Catholic Christian community.

**INFANT BAPTISM:**

Arrange in advance for pre-baptismal instructions.

**CONFIRMATION:**

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

**RECONCILIATION:**

Wednesday: 7:00 PM, Saturday: 12:30 PM.  
Communal Penance Services: Advent and Lent.

**ANOINTING OF THE SICK:**

Communal celebration Easter Season.

**MARRIAGE:**

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

**DEVOTIONS:**

Novena of the Miraculous Medal - Monday 7:45 AM.  
Rosary - Wednesday 6:00 PM.  
Charismatic Prayer - Monday 7:00 PM.  
Evening Prayer within Eucharistic Exposition - Advent and Christmas, Lent and Easter Seasons - Sunday 6:30 PM.  
Eucharistic Day - Feast of the Body and Blood of Christ.

**RELIGIOUS EDUCATION PROGRAM:**

September through April: Pre-Kindergarten thru 12.  
Sunday morning 11:15 AM - 12:30 PM  
Pre-Kindergarten thru 8.  
Sunday evening 6:15 PM - 8:30 PM  
Grades 9 thru 12.

**WEB: WWW.ALTOONACATHEDRAL.ORG**

**FAX: 814-942-4337**

**E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG**

**EUCHARIST:**

Sunday:	5:00 PM (Vigil)	Holiday:	5:30 PM (Vigil)	Weekday:	6:45 AM
	8:00 AM		8:00 AM		8:00 AM
	10:00 AM		12:00 Noon		12:00 Noon
	12:00 Noon		5:30 PM	Saturday:	8:00 AM
	5:00 PM				12:00 Noon

**SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851**

**Most Reverend Mark L. Bartchak, Bishop**

Reverend Monsignor Robert C. Mazur, Rector

Reverend Father Dennis M. Kurdziel, Parochial Vicar

Reverend Father John J. Slovickovski, In Residence

Deacon Michael A. Anna

Deacon John J. Szwarc, Senior Deacon

**CHRISTIAN INITIATION TEAM - 944-4603**

**CATHOLICS RETURNING HOME - 944-4603**

**ALTOONA CENTRAL CATHOLIC SCHOOL**

Web: [www.altoonacentralcatholic.com](http://www.altoonacentralcatholic.com)

Elementary - Pre-K thru Grade 5 - 381-7011

**BISHOP GULFOYLE CATHOLIC HIGH SCHOOL**

Web: [www.bishopgulfoyle.org](http://www.bishopgulfoyle.org) - 944-4014

**DIRECTORS OF RELIGIOUS EDUCATION**

Chris Laraia - Pre-K thru 8 - 946-3475

Jean Koury - 9 thru 12 - 949-2777

Religious Education Office: Sundays - 943-7424

**MUSIC MINISTRY**

Nina M. Tedeschi

Choir Director and Head Organist - 944-2044

Kevin J. Luke - E-mail: [kluke@dioceseaj.org](mailto:kluke@dioceseaj.org)

Administrative Duties and Organist - 944-2044

**SIXTEENTH SUNDAY IN ORDINARY TIME**

**JULY 19, 2015**

Readings: Jer 23:1-6; Eph 2:13-18; Mk 6:30-34

**MASS INTENTIONS**

July 20, Monday: Saint Apollinaris, Bishop, Martyr

Readings: Ex 14:5-18; Mt 12:38-42

6:45 AM George Karl, Anniv. (Barbara and Stephanie)  
8:00 AM Kimberly Kokolis Moran (Kilcoyne Family)  
12:00 PM Health of Gabby Colegrove (Dombrowskis)

July 21, Tuesday: Saint Lawrence of Brindisi, Priest, Doc.

Readings: Ex 14:21--15:1; Mt 12:46-50

6:45 AM Timothy Charles Murphy, Birth (M/M J. Biss)  
8:00 AM Health of Chloe Wilkin (M/M Bernard Behe)  
12:00 PM Mike Smith (Ron and Jean Sheehan)

July 22, Wednesday: Saint Mary Magdalene

Readings: Ex 16:1-5,9-15; Jn 20:1-2,11-18

6:45 AM Michael Zurilla, Anniversary (Family)  
8:00 AM Dick Cowan (Wife, Skip)  
12:00 PM Fred Martynuska, Birthday (Sons)

July 23, Thursday: Saint Bridget, Religious

Readings: Ex 19:1-2,9-11,16-20; Mt 13:10-17

6:45 AM Paul W. Richardson (Cathedral Parish)  
8:00 AM Rene A. and Rene P. Thibault (Thompsons)  
12:00 PM Jim Roland (Joan and Randy Donnelly)

July 24, Friday: Saint Sharbel Makhlof, Priest

Readings: Ex 20:1-17; Mt 13:18-23

6:45 AM Jennie Calabrese (Sister, Josephine Gallucci)  
8:00 AM Bebe Milliron (Patty and Bear McCloskey)  
12:00 PM Eileen Lytle (Steve and Sheila Webber)

July 25, Saturday: Saint James, Apostle

Readings: 2 Cor 4:7-15; Mt 20:20-28

8:00 AM John Capouellez, Birthday (Family)  
12:00 PM Amandus Gallagher (Jamie Robertson)  
Vigil: Seventeenth Sunday In Ordinary Time

Readings: 2 Kgs 4:42-44; Eph 4:1-6; Jn 6:1-15

5:00 PM Thomas Strittmatter (Alice Winkler Family)

**Pray For Our Sick** - Remember our sisters and brothers who are weakened by illness. Prayers are sometimes the best prescribed medicine.

**Cathedral Charismatic Prayer Group** will not meet this Monday July 20. Please join us at **Our Lady of Mount Carmel** on Monday, July 27 at 7:00 PM for a Eucharistic FESTIVAL of PRAISE. Father Christopher Panagoplos, TOR will be the homilist. The evening will include Eucharistic Adoration with worship music and will conclude with intercessory prayer for healing.

**Parish Summer Event**

**CASINO NIGHT - Saturday, August 8**, in Cathedral Hall, **6:00 PM to 10:00 PM**. This is an adult evening with various booths along with beverages. Parishioners are asked to come forward to volunteer help with the various booths, especially the card and dice games. This event will be advertised in other parish bulletins and is open to friends of the Cathedral Parish. Plan ahead and place in your August calendar.

**OUTDOOR MASSES With BISHOP BARTCHAK**

**Mass For Vocations** - The Diocesan Office of Vocations is sponsoring a Mass praying for an increase in Diocesan Priest Vocations within our Diocese of Altoona-Johnstown. This Mass is being celebrated by Bishop Mark Bartchak at the Our Lady of the Alleghenies Shrine in Loretto, PA this **Sunday** evening, **July 19**, beginning at **7:00 PM**. Please bring your own lawn chair. In case of inclement weather this Mass will be celebrated inside the Basilica of St. Michael the Archangel. All are welcome and encouraged to attend.

**Mass Honoring Married Couples** - The Altoona-Johnstown Diocesan Family is invited to participate and to pray for those living the Sacrament of Marriage at an Outdoor Mass honoring Married Couples on **Sunday** evening, **August 2**, at **7:00 PM** at the Shrine of Our Lady of the Alleghenies in Loretto. Bring a lawn chair. Indoors if rain. Bishop Mark is the celebrant and homilist. This is a wonderful way to celebrate, encourage and support married couples! Come early, bring food and picnic together. Singers needed for the choir. One rehearsal at 6:00 PM before the Mass. Contact choir director Kevin Luke at 814 944-2044.

**Mass For College Students** - Bishop Mark Bartchak will celebrate an outdoor Mass for students entering or returning to college this fall and their families. The Liturgy will be celebrated on **Sunday, August 9**, at **7:00 PM**, at the Our Lady of the Alleghenies Shrine in Loretto. The Bishop will offer a special blessing to the students and enjoy fellowship with them after the Mass. In the event of rain, the Mass will be celebrated inside the Basilica of Saint Michael the Archangel.

**Did Your Remember** to bring a non-perishable food item or paper product for the needy?

**OFFERTORY COLLECTION**

**Sunday, July 12, 2015 - \$10,526.00**

**THANK YOU** to the Cathedral parishioners who sponsored, played or helped in our seventh annual Knights of Columbus Golf Tournament. We were able to raise \$3,500.00 for Catholic Charities in "Memory of Deacon John E. Rys". We hope to see you at next year's tournament tentatively scheduled for June 18, 2016 at King Valley Golf Course.

**ANNUAL RAFFLE**

The Annual Cathedral Raffle **tickets are available** for sale at the **Parish Office!** We are now looking for individuals who would like to take responsibility for group sales at work, in neighborhoods, or at family gatherings, and also volunteers to sell tickets after weekend Masses. There will be twenty cash prizes with \$5,000.00 in prizes: (1) \$2,000.00; (2) \$1,000.00 (3) \$500.00; (4) \$200.00; (5) \$200.00; (6) \$100.00; (7) \$100.00; (8) \$100.00; (9) \$100.00; (10) \$100.00; (11) \$100.00; (12) \$100.00; (13) \$100.00; (14) \$50.00; (15) \$50.00; (16) \$50.00; (17) \$50.00; (18) \$50.00; (19) \$25.00; (20) \$25.00. **One ticket will cost \$5.00. Each family is asked to purchase or sell at least four tickets.** Chances will be mailed later this month The drawing will be held Saturday, October 31 at **Family Night** in the Cathedral Hall.

**RELIGIOUS EDUCATION PRE K-11**

Registration for 2015-16 for all students, both current and new, will be held after all Masses on Saturday/Sunday, August 29-30 in the Seton Suite. New members are asked to bring a copy of the student's Baptismal Certificate.

**Liturgical Reflection ...**

**General  
Instruction  
of the  
Roman Missal**

In the absence of ordained priests and deacons, there may be a need for Extraordinary Ministers of Holy Communion to assist with the distribution of the consecrated elements. This Minister is a fully initiated Catholic, having received the Sacraments of Baptism, Confirmation, and Eucharist. He or she possesses a keen love for the Eucharist. There must be appropriate training for this ministry. The Pastor must submit a formal request to the Bishop to acquire permission for this individual to exercise this ministry, and Extraordinary Ministers of Holy Communion must be formally commissioned. Extraordinary Ministers of Holy Communion receive the Body and Blood of Christ from the ordained priest or deacon.

General Instruction of the Roman Missal, Number 100.

2015, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.

**Novena for the Priests of Our Diocese**

All are invited to a nine day retreat at Our Lady of Fatima Parish here in Altoona. The novena will be made through the intercession of Saint John Maria Baptist Vianney (Patron of Diocesan Priests) for the priests serving the Diocese of Altoona-Johnstown. Important information: August 1st through August 9th; 6:30 PM each evening; Exposition of the Blessed Sacrament; five decades of the rosary; novena prayers; and Benediction of the Blessed Sacrament. All are welcome!

**High School Substitute Teachers Needed!**

Bishop Guilfoyle Catholic High School is accepting applications for substitute teachers for the 2015-2016 school year. PA Instructional I or II Certificate, Act 151, Act 34, and FBI Fingerprint Clearances are required. Send letter of interest, PA Standard Teaching Application, copy of instructional certification, copy of clearances, transcripts, and letter of recommendation by July 31, 2015 to: Joan Donnelly Principal, Bishop Guilfoyle Catholic High School, 2400 Pleasant Valley Boulevard, Altoona, PA 16602. You may also E-mail: [jdonnelly@bguilfoyle.org](mailto:jdonnelly@bguilfoyle.org). EOE

**Missionary Co-op** - Last weekend we welcomed Father Luis M. Anguila to the Cathedral to speak to us about the work of the Yarumal Missionaries. If you forgot to place the yellow envelope with your gift in the Offertory collection this weekend, you may return it, or any other marked Missionary Co-op, by mail or drop it through the Parish Office door mail slot anytime this week. Thank you.