

**JULY 15, 2018**

*Scripture Reflection*

In the First Reading, God calls Amos from his ordinary life as a “shepherd and a dresser of sycamores” to become a prophet carrying God’s Word to God’s people. Amos’ task is to challenge the people to repent and return to their covenant relationship. In today’s Gospel Jesus sends out the Apostles in pairs to share in his ministry of preaching and healing. Called to “preach repentance,” they have no visible means of support, but God’s grace was with them as they “drove out many demons and they anointed with oil many who were sick and cured them.”

Christ sends out his disciples today on mission. We recognize unclean spirits today through the minds they enrapture. Individuals, communities, even whole nations can fall prey to systems of thought that obscure God’s love or subvert the means to imitate it. Suicide, addiction, ethical confusion and a general sense of hopelessness are just a few of the signs that unclean spirits prowl our world. Through acts of mercy and love, Christ’s disciples restore God’s active presence and liberate their brothers and sisters from the unclean things that keep them bound.

Like the prophet Amos and the Apostles, we have been chosen to be the Son’s coworkers in continuing God’s plan of bringing healing and grace to a broken world. It’s a matter of finding out how. One wise priest said that the path to finding your calling begins with learning about yourself. “Oh God ever the same, let me know myself, let me know you!” St. Augustine of Hippo made this plea 1,600 years ago, but it still cuts to the core of modern life. Jesus asked his disciples to travel without comforts. See how you can simplify your life as a way to increase your dependence on God and enhance your discipleship.

- **Consider a day of fasting along with your prayer so you can learn more about yourself and your path.**

AT HOME with the WORD 2018, Archdiocese of Chicago: Liturgy Training Publications, pg. 109. AMERICAMAGAZINE, “With Christ, you can liberate others from ‘unclean spirits.’” Michael R. Simone, S.J., July 9, 2018.

**2018 CATHOLIC MINISTRIES DRIVE**

Category	Amount
Target	\$55,357.00
Actual Received	\$60,347.00 (109%)

A second letter was sent to those parishioners who have yet to participate in this year’s Catholic Ministries Drive. The Parish has received **\$60,347.00** to meet our target of \$55,357.00. Thus far 218 gifts have been received.

This year’s appeal focuses on 14 ministries of *Caring for the Poor and Strengthening Families, Nurturing Our Youth, and Forming Clergy and Laity*. This is an annual opportunity to assist the Diocese in the ministries offered throughout our eight-county Local Church. All monies that exceed the target goal come back to the Parish. These monies will go to the payment of the paving of the upper parking lot which took place last fall.

You may place your envelope (marked **2018 Catholic Ministries Drive**) in the weekly collection or drop off at the parish office in the Parish Center. Thank you for your generous response to this annual request.

**HOLY TRINITY CATHOLIC SCHOOL NEWS**  
**Registrations for the 2018-2019 School Year!**

Please share the good news about HTCS with your friends and family! We are accepting applications now for grades Pre-K through 8 for the 2018-2019 school year. Applications are available in the school office and on the school website. **Reminder:** Current families who have not completed registration, please do so as soon as possible.

**Baptismal Preparation**

There will be a Baptismal Prep Session for parents preparing to have their child baptized here at the Cathedral Parish. The date for this important catechesis is Tuesday, August 7th at 7:00 PM in the Seton Suite. You need not wait until the baby is born. Please call the Parish Office (944-4603) to register for this important meeting. The sessions last about one hour.

**Wrought-Iron Fence Repaired**

The fence on the upper parking lot (facing the Cathedral) has been repaired. Thank you to Duke Craig and crew.

**THE CHURCH OF ALTOONA-JOHNSTOWN**  
**THE CATHEDRAL**  
**OF THE**  
**BLESSED SACRAMENT**

**ONE CATHEDRAL SQUARE, ALTOONA, PENNSYLVANIA 16601-3315**  
**CHURCH OFFICE: 814-944-4603**

**CHRISTIAN INITIATION OF ADULTS:**

The process of formation for those seeking God through membership in the Catholic Christian community.

**INFANT BAPTISM:**

Arrange in advance for pre-baptismal instructions.

**CONFIRMATION:**

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

**RECONCILIATION:**

Wednesday: 7:00 PM, Saturday: 12:30 PM.

Communal Penance Services: Advent and Lent.

**ANOINTING OF THE SICK:**

Communal celebration Easter Season.

**MARRIAGE:**

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

**DEVOTIONS:**

Novena of the Miraculous Medal - Monday 7:45 AM.

Charismatic Prayer - Monday 7:00 PM.

Eucharistic Adoration - First Wednesday - 12:30 PM - 8:00 PM

Evening Prayer within Eucharistic Exposition -Advent and

Christmas, Lent and Easter Seasons - Sunday 6:30 PM.

Eucharistic Day - Feast of the Body and Blood of Christ.

**RELIGIOUS EDUCATION PROGRAM:**

September through April: Pre-Kindergarten thru 12.

Sunday morning 8:30 AM - 9:45 AM

Pre-Kindergarten thru 8.

Sunday evening 6:15 PM - 8:30 PM

Grades 9 thru 12.

**WEB: WWW.ALTOONACATHEDRAL.ORG**

**FAX: 814-942-4337**

**E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG**

**EUCCHARIST:**

Sunday: 5:00 PM (Vigil)  
8:00 AM  
10:00 AM  
12:00 Noon  
5:00 PM

Holyday: 5:30 PM (Vigil)  
8:00 AM  
12:00 Noon  
5:30 PM

Weekday: 6:45 AM  
8:00 AM  
12:00 Noon  
Saturday: 8:00 AM  
12:00 Noon

**SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851**

**Most Reverend Mark L. Bartchak, J.C.D., Bishop**

**Reverend Monsignor Robert C. Mazur, Rector**

**Reverend Father Dennis M. Kurdziel, Parochial Vicar**

**CHRISTIAN INITIATION TEAM - 944-4603**

**CATHOLICS RETURNING HOME - 944-4603**

**MAIL MINISTRY TO ELDERLY, HOMEBOUND, SERIOUSLY SICK, AND GRIEVING - 944-4603**

**HOLY TRINITY CATHOLIC SCHOOL**

Web: [www.holytrinitycatholic.school](http://www.holytrinitycatholic.school)

Altoona Campus (Pre-K thru Grade 4) - 381-7011

Hollidaysburg Campus (Pre-K thru Grade 4) - 695-6112

Middle School Campus (Grades 5 thru 8) - 942-7835

**BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL**

Web: [www.bishopguilfoyle.org](http://www.bishopguilfoyle.org) - 944-4014

**DIRECTORS OF RELIGIOUS EDUCATION**

Chris Laraia - Pre-K thru 8 - 312-7317

Jean Koury - 9 thru 12 - 949-2777

Religious Education Office: Sundays - 943-7424

**DIRECTOR OF MUSIC MINISTRY**

Leslie C. Thayer, MM, CAGO

Music Ministry Office - 944-2044

E-mail: [lthayer@dioceseaj.org](mailto:lthayer@dioceseaj.org)

## FIFTEENTH SUNDAY IN ORDINARY TIME

JULY 15, 2018

Readings: Am 7:12-15; Eph 1:3-14; Mk 6:7-13

### MASS INTENTIONS

July 16, Monday: Our Lady of Mount Carmel

Readings: Is 1:10-17; Mt 10:34-11:1

6:45 AM Denis Burns (Dave & Maureen Hanekamp)  
8:00 AM Monsignor Paul Panza (John Bauer Family)  
12:00 PM Dwight Dittsworth (Stanley Krish Family)

July 17, Tuesday: Weekday

Readings: Is 7:1-9; Mt 11:20-24

6:45 AM Charles Homerick (Subway Stamp Shop)  
8:00 AM Catherine Nagle (Cathedral Christian Mothers)  
12:00 PM Charles V. Brady, Birth. (J. & D. Shellenberger)

July 18, Wednesday: Saint Camillus de Lellis, Priest

Readings: Is 10:5-7, 13-16; Mt 11:25-27

6:45 AM Joseph Petrunyak (Family)  
8:00 AM Hab and Vickie Kattouf (McNelis All-Stars)  
12:00 PM Bernie Garcia (Barb Karl)

July 19, Thursday: Weekday

Readings: Is 26:7-9, 12, 16-19; Mt 11:28-30

6:45 AM Monsignor Thomas Madden (Estate)  
8:00 AM Betsy Meehan (Jim and Steph Kilcoyne)  
12:00 PM Louise Talko (Ray and Julie Fochler)

July 20, Friday: Saint Apollinaris, Bishop and Martyr

Readings: Is 38:1-6, 21-22, 7-8; Mt 12:1-8

6:45 AM Anna Marie Jacobs, Birthday (Family)  
8:00 AM BeBe Milliron (Randy and Mary Ellen Green)  
12:00 PM Myra Mangiacarne (Ron and Kim Palmer)

July 21, Saturday: St. Lawrence of Brindisi, Priest & Doctor

Readings: Mi 2:1-5; Mt 12:14-21

8:00 AM Joseph Knott (Orivita Knott)  
12:00 PM Janet Tomlinson (Alice and John Joyce)

Vigil: Sixteenth Sunday in Ordinary Time

Readings: Jer 23:1-6; Eph 2:13-18; Mk 6:30-34

5:00 PM Frances Pagliaro (Cathedral Parish)

### NOTE Daily Mass Schedule

Father Dennis will join Msgr. Mazur in celebrating daily Mass in the Cathedral starting this Monday, July 16. There will be Mass at 6:45 AM, 8:00 AM and 12:00 Noon, Monday thru Friday.

### Cathedral Charismatic Prayer Group

The Cathedral Prayer Group will NOT meet during the month of July here at the Cathedral of the Blessed Sacrament. The next Prayer Group meeting will be on Monday, August 6 at 7:00 PM..

### Is God Calling You to a Life of Service as Deacon?

All those interested in learning about the Formation, Ministry and Life of the Permanent Diaconate, are invited to join Deacon Michael Russo, Director of the Permanent Diaconate, at a special get together on Saturday, August 18th at the Carmelite Community of the Word Incarnation Center, 394 Bem Road, Gallitzin from 9:30 AM until 4:00 PM. Lunch and refreshments will be provided. Married men are expected to attend with their wives. Space is limited. Reservations are required. To make reservations, contact: Diocese of Altoona-Johnstown, The Office of the Permanent Diaconate, (814) 693-9870 or email: jnoonan@dioceseaj.org, www.dioceseaj/dioconate/

### Free Bishop Guilfoyle Youth Football Clinic

There will be a FREE BG Youth Football Clinic at Bishop Guilfoyle on Wednesday, July 18, 2018, from 5:00 to 8:00 PM. It will be at the Tom Irwin Field at Bishop Guilfoyle High School. The camp is run by BG's head varsity football coach, Justin Wheeler, along with his staff and the three-time State Championship winning players! There will be awards and prizes. There will also be FREE hot dogs and ice cream! Any and all students entering grades 1-8 are welcome! Player registration forms are available at the Cathedral's entrances.

### Reminder: Eucharistic Fast

The Code of Canon Law for the universal church states: One who is to receive the Most Holy Eucharist is to abstain from any food or drink, with the exception of only water and medicine, for at least the period of one hour before Holy Communion (Canon 919/1). Those who are advanced in age or who suffer from any infirmity, as well as those who take care of them, can receive the Most Holy Eucharist even if they have taken something during the previous hour (Canon 919/3).

### Gluten Sensitivity

There may be parishioners who have found that they have physical disorders related to gluten intolerance. The spectrum of illnesses includes celiac disorder, wheat allergy, bloating, abdominal discomfort, diarrhea, muscular disturbances, and bone or joint pain. The ordinary hosts distributed at Communion contain gluten. If you have found that you are gluten sensitive, special bread is available that possess a very low gluten content. Please tell the priest before Mass, and he will consecrate the low-gluten host for you to receive at that Mass.

### OFFERTORY COLLECTION

Sunday, July 8, 2018 - \$9,316.00

### Sunday Obligation to Participate at Mass

Summer time is meant to be full of fun and a time to take vacations. There are Catholic churches throughout the country who offer weekly Sunday Mass. When traveling over the weekend, be sure to check out [www.Masstimes.org](http://www.Masstimes.org) to find Catholic churches in the area that you will be visiting. It is always interesting to participate at Mass at another church than your home parish. Make sure you get to Mass!

### Cathedral Liturgical Ministers

The Parish is presently preparing new members for the various liturgical ministries for Mass. Over twenty men, women and children have come forward to volunteer their time and talent in this important area of parish life. If interested in being an altar server, usher (minister of hospitality), choir member, cantor, commentator, reader, or extraordinary minister of Holy Communion, please call the Parish Office at 944-4603.

Because we are the Cathedral Parish, we offer a weekly Sunday 5:00 P.M. Mass for the wider Catholic community. Liturgical ministers are asked to seriously think of volunteering once a month at the Sunday 5:00 P.M. This is a service to the wider Church and there is a need for liturgical ministers at this Sunday afternoon Mass. If you are able to assist in this area, the Parish is very grateful.

### Eucharistic Adoration

Next month our date for adoration will be Wednesday, **August 1** from 12:30 PM until 8:00 PM. Please note this in your schedules and plan to spend some quality time in prayer before the Sacrament in exposition. Please remember to pray for vocations to the priesthood during your time before the Blessed Sacrament.

### Liturgical Reflection ...

#### PROPER BURIAL OF THE BODY AND CREMATED REMAINS

Following the most ancient Christian tradition, the Church insistently recommends that the bodies of the deceased be buried in cemeteries or other sacred places. In memory of the death, burial and resurrection of the Lord, the mystery that illumines the Christian meaning of death, burial is above all the most fitting way to express faith and hope in the resurrection of the body. By burying the bodies of the faithful, the Church affirms her faith in the resurrection of the body, and intends to show the great dignity of our humanity which was assumed by Jesus our Lord.

Instruction Ad resurgendum cum Christo, Congregation for the Doctrine of the Faith, 2016, Number 3.

2018, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.

### Ministry to Elderly, Homebound, Sick and Grieving

There will be an important meeting on Tuesday, July 24 at 6:30 PM in the Parish Center Conference Room, entrance by way of Thirteenth Avenue. The Committee has not met for a while and there needs to be discussion on the upcoming ARISE process in connection to our ministry.

Since our beginnings in the fall of 2014, the committee of 30 people have sent thousands of cards, and by invitation visited with men and women for hundreds of hours. Relationships have formed with fellow parishioners that may not have happened outside this simple ministry. Dave Ward who visits three older gentlemen once a month shared, "My life has been so enriched and inspired by these men of faith who have shared stories of their life journey. Two are veterans of World War II and the other an Altoona retired postal worker. I have learned world and local history through their eyes, and I am very grateful."

Our goal was to make a difference in the lives of our brothers and sisters in Christ who cannot physically join us in prayer and worship and that is happening. We would like to say "Thank you" for supporting our efforts with your donations of stamps and cards. We need your help with names and addresses of those who would also be uplifted by a note in the mail. Please call the parish office and give their name and mailing address to Paula Clemens and we will add them to our ministry list or email them to Jeanne Thompson at [dthom71328@aol.com](mailto:dthom71328@aol.com).

### Food for the Poor

Did you remember to bring non-perishable food items or paper products? Your donations help meet the needs of the poor in our community.