JULY 22, 2018

Scripture Reflection

The familiar image of the Good Shepherd pervades our readings today. The prophet Jeremiah reminds the leaders of God's people that they have wandered far from the vision God had for them. Instead of acting as true shepherds caring for God's flock, they have "scattered the flock of my pasture." Consequently, God presents a vision for the future in which the remnant of God's flock will be gathered together.

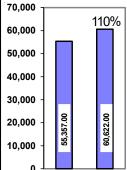
This was an important juncture in Jesus' ministry, since he had recently suffered two disheartening setbacks, the rejection of Nazareth and the execution of John the Baptist. In the aftermath of these events, when Jesus could have started to question the value of his work, he instead paid attention to the Scriptures and to the promptings of the Spirit. The Father responded with a flash of insight: The setbacks are temporary, but the shepherding mission that Jeremiah foretold endures. This intuitive flash filled Jesus with compassion, and that feeling drew him onward to ever greater action.

Jesus' feelings for God's people are captured so graphically when Mark says, "His heart was moved with pity for them." The heart conveys the very depths of the love, compassion, and mercy that Jesus has for those he has come to lead back to his Father. If we pay attention to the Scriptures and to the voice of the Spirit. God will open our eyes. In the leaderless flock, Jesus caught a glimpse of the suffering and the beauty of all humanity. Just so, God has a vision in store for us. Some moment, some insight, some event will symbolize the whole of human existence with such heartbreaking clarity that we will never be the same. Thus transformed, the great shepherd will provide what we need in the Spirit to continue his mission until God's flock is once again whole.

• Can you identify someone who needs a kind word, your full attention, a listening heart? Allow the Holy Spirit to move you into action.

AT HOME with the WORD 2018, Archdiocese of Chicago: Liturgy Training Publications, pg. 111. AMERICA MAGAZINE, "If we listen to the voice of the Spirit, God wil oopen our eyes." Michael R. Simone, S.J., June 29, 2018.

2018 CATHOLIC MINISTRIES DRIVE



110% A second letter was sent to those parishioners who have yet to participate in this year's Catholic Ministries Drive. The Parish has received **\$60,622.00** to meet our target of \$55,357.00. Thus far 220 gifts have been received.

This year's appeal focuses on 14 ministries of Caring for the Poor and Strengthening Families, Nurturing Our Youth, and Forming Clergy and Laity. This is an annual opportunity to assist the Diocese in the ministries offered throughout our eight-county Local Church. All monies that exceed the target goal come back to the Parish. These monies will go to the payment of the paying of the upper parking lot which took place last fall.

You may place your envelope (marked 2018 Catholic Ministries Drive) in the weekly collection or drop off at the parish office in the Parish Center. Thank you for your generous response to this annual request.

HOLY TRINITY CATHOLIC SCHOOL NEWS Registrations for the 2018-2019 School Year!

Please share the good news about HTCS with your friends and family! We are accepting applications now for grades Pre-K through 8 for the 2018-2019 school year. Applications are available in the school office and on the school website. Reminder: Current families who have not completed registration, please do so as soon as possible.

Baptismal Preparation

There will be a Baptismal Prep Session for parents preparing to have their child baptized here at the Cathedral Parish. The date for this important catechesis is Tuesday, August 7th at 7:00 PM in the Seton Suite. You need not wait until the baby is born. Please call the Parish Office (944-4603) to register for this important meeting. The sessions last about one hour.

Cathedral Charismatic Prayer Group

The Cathedral Prayer Group will NOT meet during the month of July here at the Cathedral of the Blessed Sacrament. The next Prayer Group meeting will be on Monday, August 6 at 7:00 PM.

THE CHURCH OF ALTOONA-JOHNSTOWN

THE CATHEDRAL **OF THE BLESSED SACRAMENT**

ONE CATHEDRAL SQUARE, ALTOONA, PENNSYLVANIA 16601-3315 CHURCH OFFICE: 814-944-4603

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions. **CONFIRMATION:**

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process. **RECONCILIATION:**

Wednesday: 7:00 PM, Saturday: 12:30 PM.

Communal Penance Services: Advent and Lent.

ANOINTING OF THE SICK:

Communal celebration Easter Season.

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program. **DEVOTIONS:**

Novena of the Miraculous Medal - Monday 7:45 AM.

Charismatic Prayer - Monday 7:00 PM.

Eucharistic Adoration - First Wednesday - 12:30 PM - 8:00 PM Evening Prayer within Eucharistic Exposition -Advent and

Christmas, Lent and Easter Seasons - Sunday 6:30 PM.

Eucharistic Day - Feast of the Body and Blood of Christ.

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12.

Sunday morning 8:30 AM - 9:45 AM

Pre-Kindergarten thru 8.

Sunday evening 6:15 PM - 8:30 PM

Grades 9 thru 12.

WEB: WWW.ALTOONACATHEDRAL.ORG Fax: 814-942-4337

E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG

EUCHARIST:

Sunday: 5:00 PM (Vigil) 8:00 AM 10:00 AM 12:00 Noon 5:00 PM

Holvday:

5:30 PM (Vigil) 8:00 AM 12:00 Noon 5:30 PM

Most Reverend Mark L. Bartchak, J.C.D., Bishop Reverend Monsignor Robert C. Mazur, Rector

Reverend Father Dennis M. Kurdziel, Parochial Vicar

CHRISTIAN INITIATION TEAM - 944-4603

CATHOLICS RETURNING HOME - 944-4603

MAIL MINISTRY TO ELDERLY, HOMEBOUND, **SERIOUSLY SICK, AND GRIEVING - 944-4603**

HOLY TRINITY CATHOLIC SCHOOL

Web: www.holvtrinitycatholic.school

Altoona Campus (Pre-K thru Grade 4) - 381-7011 Hollidaysburg Campus (Pre-K thru Grade 4) - 695-6112 Middle School Campus (Grades 5 thru 8) - 942-7835

BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL Web: www.bishopguilfoyle.org - 944-4014

DIRECTORS OF RELIGIOUS EDUCATION Chris Laraia - Pre-K thru 8 - 312-7317 Jean Koury - 9 thru 12 - 949-2777 Religious Education Office: Sundays - 943-7424

DIRECTOR OF MUSIC MINISTRY Leslie C. Thayer, MM, CAGO **Music Ministry Office - 944-2044** E-mail: lthayer@dioceseaj.org

> 6:45 AM Weekday: 8:00 AM 12:00 Noon Saturday: 8:00 AM

> > 12:00 Noon

SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851

SIXTEENTH SUNDAY IN **ORDINARY TIME**

JULY 22, 2018

Readings: Jer 23:1-6; Eph 2:13-18; Mk 6:30-34

MASS INTENTIONS

July 23, Monday: Saint Bridget, Religious Readings: Mi 6:1-4, 6-8 Mt 12:38-42 (395) 6:45 AM Catherine Hardin (Patti Marshall)

8:00 AM James Snow, Birthday (Health South Reg.)

12:00 PM Joanne Tetanich (M/M Larry Lutchko)

July 24, Tuesday: Saint Sharbel Makhluf, Priest Readings: Mi 7:14-15, 18-20; Mt 12:46-50 6:45 AM BeBe Milliron (Dan Milliron Family)

8:00 AM Angela Cronin Chadwick (Bob & Jean Jones)

12:00 PM Jim Davidson (Dana Tomlinson)

July 25, Wednesday: Saint James, Apostle Readings: 2 Cor 4:7-15; Mt 20:20-28

6:45 AM Monsignor Paul D. Panza (Ron Skupien) 8:00 AM Maureen Wood, Anniversary (Matt Wood)

12:00 PM Pat Geis (Debbie Ball)

July 26, Thursday: Sts. Joachim & Anne, Parents of BVM Readings: Jer 2:1-3, 7-8, 12-13; Mt 13:10-17

6:45 AM Virginia Jones (Brian and Cindy Moriconi)

8:00 AM Genevieve Hallinan (Family) 12:00 PM Francis Goss, Birthday (Family)

July 27, Friday: Weekday

Readings: Jer 3:14-17; Mt 13:18-23

6:45 AM Joe Tomlinson (John Conti)

8:00 AM Lois Christlmeier-Hoffman, Birth. (Jo Ann Kyper)

12:00 PM Paul Rose, Anniversary (Rose Family)

July 28, Saturday: Weekday

Readings: Jer 7:1-11; Mt 13:24-30

8:00 AM Rose & Sam Bennati (Brian & Connie Bennati)

12:00 PM Pete Rhoa, Anniversary (Wife, Pat) Vigil: Seventeenth Sunday in Ordinary Time Readings: 2 Kgs 4:42-44; Eph 4:1-6; Jn 6:1-15

5:00 PM Rosial Seymour (Diana & Clarence Seymour)

Gracious Thank You!

Over the past ten weeks, during Father Kurdziel's recuperation from his car accident, Bishop Mark Bartchak has graciously helped cover the Masses, both daily and Sunday, here at the Cathedral Parish. We are most appreciative of Bishop's kind response to our need for Mass coverage. It was certainly above and beyond Bishop's responsibilities. Shepherding and administrating the day-to-day business of the Diocese are enough to ask of any Bishop. Thank you, Bishop Mark, for your kindness and attention to the Cathedral Parish.

Is God Calling You to a Life of Service as Deacon?

All those interested in learning about the Formation, Ministry and Life of the Permanent Diaconate, are invited to join Deacon Michael Russo, Director of the Permanent Diaconate, at a special get together on Saturday, August 18th at the Carmelite Community of the Word Incarnation Center, 394 Bem Road, Gallitzin from 9:30 AM until 4:00 PM. Lunch and refreshments will be provided. Married men are expected to attend with their wives. Space is limited. Reservations are required. To make reservations, contact: Diocese of Altoona-Johnstown, The Office of the Permanent Diaconate, (814) 693-9870 or email: jnoonan@dioceseaj.org,www.dioceseaj/dioconate/

Eucharistic Adoration

Next month our date for adoration will be Wednesday, **August 1** from 12:30 PM until 8:00 PM. Please note this in your schedules and plan to spend some quality time in prayer before the Sacrament in exposition. Please remember to pray for vocations to the priesthood during your time before the Blessed Sacrament.

Food for the Poor

Did you remember to bring non-perishable food items or paper products? Your donations help meet the needs of the poor in our community.

Reminder: Eucharistic Fast

The Code of Canon Law for the universal church states: One who is to receive the Most Holy Eucharist is to abstain from any food or drink, with the exception of only water and medicine, for at least the period of one hour before Holy Communion (Canon 919/1). Those who are advanced in age or who suffer from any infirmity, as well as those who take care of them, can receive the Most Holy Eucharist even if they have taken something during the previous hour (Canon 919/3).

Gluten Sensitivity

There may be parishioners who have found that they have physical disorders related to gluten intolerance. The spectrum of illnesses includes celiac disorder, wheat allergy, bloating, abdominal discomfort, diarrhea, muscular disturbances, and bone or joint pain. The ordinary hosts distributed at Communion contain gluten. If you have found that you are gluten sensitive, special bread is available that possess a very low gluten content. Please tell the priest before Mass, and he will consecrate the low-gluten host for you to receive at that Mass.

OFFERTORY COLLECTION Sunday, July 15, 2018 - \$10,611.00

Sunday Obligation to Participate at Mass

Summer time is meant to be full of fun and a time to take vacations. There are Catholic churches throughout the country who offer weekly Sunday Mass. When traveling over the weekend, be sure to check out www.Masstimes.org to find Catholic churches in the area that you will be visiting. Make sure you get to Mass!

Ministry to Elderly, Homebound, Sick and Grieving

There will be an important meeting on Thursday August 2 at 6:30 PM (note time change) in the Parish Center Conference Room, entrance by way of Thirteenth Avenue. The Committee has not met for a while and there needs to be discussion on the upcoming ARISE process in connection to our ministry. Thank you for supporting our efforts with your donations of stamps and cards. We need your help with names and addresses of those who would also be uplifted by a note in the mail. Please call the parish office and give their name and mailing address or email them to Jeanne Thompson at dthom71328@aol.com.

Religious Education News

Passing on the Catholic faith and being formed in the culture and traditions of our faith are very important. Parents assume the responsibility as primary educators of their child in their spiritual formation. The Cathedral Parish takes the ministry of religious education very seriously. This year's Registration Weekend will be held in the Seton Suite before and after all Masses on August 25 and 26. All new students and all returning students are asked to register before the first class on September 9. A copy of each student's Baptismal Certificate is needed for all newly registered students. Thank you.

CONGRATULATIONS HIGH SCHOOL GRADS!

We offer our continued support, encouragement, prayers, and best wishes to the following members of the Class of 2018 from Cathedral Parish: *Mark Conrad. *Michael Drost. *Kaelie Goss. *Alivah Labriola, *Anthony Labriola and *Daniel Ramsey graduated from Bishop Guilfoyle Catholic High School on Friday, May 18th. *Hannah Eberwein, *Isabella Harpster, Benjamin Leberfinger and Rebecca Mussleman, graduated from Altoona Area High School on Friday, June 1st. Elliott Long graduated from Great Commission School. Katie McCloskey graduated from Grier School.

* Receiving Recognition for Academic **Excellence, Scholarship and Awards**

At Bishop Guilfoyle Catholic High School, Mark Conrad was awarded Student Athlete Award. Michael Drost was awarded the Music Department Award. Kaelie Goss was awarded the Rotary Club of Altoona Scholarship Student Athlete Award, The Patrice (Bettwy) Behe Scholarship, and is a member of the National Honor Society. Aliyah Labriola was awarded the Founders Merit Scholarship, Chatham Grant, Scholarship Interview Day Award, LHAC IV Sportsmanship Award and the Bishop Guilfoyle Catholic High School Art Award. Anthony Labriola was awarded the LHAC Basketball All Conference Award, Student Athlete Award-Golf, LHAC Golf All Conference Award. Daniel Ramsev was awarded the LHAC All Conference Offense Award.

At Altoona Area High School, Hannah Eberwein was awarded the Wright PTO Scholarship. Isabella Harpster was awarded the AAHS Homecoming Scholarship, the Blair County NAACP Youth Council Scholarship, and the J.E.O. Scholarship. Many of our graduates have served Cathedral Parish as Altar Servers and now will serve as Lectors or Eucharistic Ministers. Congratulations and best wishes, graduates!

Liturgical Reflection ...

OF THE BODY AND **CREMATED REMAINS**

By burying the bodies of the faithful, the Church confirms her faith in the **PROPER BURIAL** resurrection of the body, and intends to show the great dignity of the human body. The Book of Genesis tells that we are each made in the image of God, in body and soul. The body of the deceased Catholic is the body once washed in the waters of Baptism. This body was anointed with the oil of salvation. This body ate and drank the very Body and Blood of Christ, the Bread of Life. It is the same body that reached out in service to the needs of others.

Instruction Ad resurgendum cum Christo, Congregation for the Doctrine of the Faith, 2016, Number 3.

2018, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.