

**JULY 21, 2019**

*Scripture Reflection*

Throughout the ancient world, hospitality was the most significant virtue practiced by every culture. In welcoming a guest, people believe that they may unknowingly be welcoming a divinity in disguise, as occurs in the First Reading today. From his tent, Abraham sees three men passing in the distance. He runs to offer hospitality. Unknowingly they are angels (messengers) sent by God. They bless Abraham and Sarah with the news that Sarah will bear a son. "Do not neglect hospitality, for through it some have unknowingly entertained angels" (Hebrews 13:2).

Hospitality is also at the heart of today's Gospel as Jesus visits the home of Martha and Mary. Jesus uses this visit to teach something deeper about hospitality. While Mary sits at Jesus' feet, Martha complains to Jesus because Mary is not doing anything to help her. Instead of agreeing with Martha, Jesus chides her in a kindly way: "Martha, Martha, you are anxious and worried about many things." He goes on to say that "Mary has chosen the better part." While not rejecting Martha's cooking, Jesus wants to remind Martha, and through her us, that service must also be connected to listening. Service that does not embrace listening to Jesus' word misses the heart of everything. That is why Jesus says that Mary has chosen "the good portion." Mary has in fact chosen the best part of the meal. Christianity requires service, but the Word of the Lord needs to be heard first.

- **How do you understand Jesus' words to Martha, "Mary has chosen the good portion"?**

**Baptismal Prep Team Coaches Needed**

Looking for volunteers who would like to join our Baptismal Prep Team. You would be there to contact the people, answer any questions that they may have, and assist in any way possible to make this a blessed and joyous occasion for all. Please contact the Parish Office at 814-944-4603.

**Bishop Guilfoyle Catholic High School**

The Bishop Guilfoyle Athletic Office is selling lottery calendars for \$25 based on the evening daily number. Lottery calendars start September 1<sup>st</sup> and run until August 31, 2020. If you would be interested in purchasing any calendars, or have any questions please contact the BG Athletic Office at 944-8847. Thank you in advance for your support.

**Dorothy Day Outreach Center** will hold its bi-annual TAG Sale from 8:00 AM to 3:00 PM on Saturday, July 27, 2019 at the DDOC parking lot in our new address of 115 Saint Mary's Street, Loretto (*former Franciscan Mission Store*). Thank you.

**Catholic Charities**

Catholic Charities is in need of donations for soup to assist the needy. Many of our clients come to Catholic Charities for assistance with food; and, soup is a very popular item. There are bins are all three of the doors. Thank you for your donation to Catholic Charities.

**Prayer Shawls**

If anyone feels that they need some comfort in their troubled times, please feel free to contact Lorraine Beck at 814-942-7774 for one of our Prayer Shawls. These shawls have been Blessed and may bring you the comfort that you need.

**Gluten Sensitivity**

There may be parishioners who have found that they have physical disorders related to gluten intolerance. The spectrum of illnesses includes celiac disorder, wheat allergy, bloating, abdominal discomfort, diarrhea, muscular disturbances, and bone or joint pain. The ordinary hosts distributed at Communion contain gluten. If you have found that you are gluten sensitive, special bread is available that possess a very low gluten content. Please tell the priest before Mass, and he will consecrate the low-gluten host for you to receive at that Mass.

# THE CHURCH OF ALTOONA-JOHNSTOWN

## THE CATHEDRAL OF THE BLESSED SACRAMENT

**ONE CATHEDRAL SQUARE, ALTOONA, PENNSYLVANIA 16601-3315**  
**CHURCH OFFICE: 814-944-4603**

**CHRISTIAN INITIATION OF ADULTS:**

The process of formation for those seeking God through membership in the Catholic Christian community.

**INFANT BAPTISM:**

Arrange in advance for pre-baptismal instructions.

**CONFIRMATION:**

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

**RECONCILIATION:**

Wednesday: 7:00 PM, Saturday: 12:30 PM.

Communal Penance Services: Advent and Lent.

**ANOIDING OF THE SICK:**

Communal celebration Easter Season.

**MARRIAGE:**

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

**DEVOTIONS:**

Novena of the Miraculous Medal -

Charismatic Prayer - Monday 7:00 PM.

Eucharistic Adoration - First Wednesday - 12:30 PM - 8:00 PM

Evening Prayer within Eucharistic Exposition -Advent and

Christmas, Lent and Easter Seasons - Sunday 6:30 PM.

Eucharistic Day - Feast of the Body and Blood of Christ.

**RELIGIOUS EDUCATION PROGRAM:**

September through April: Pre-Kindergarten thru 12.

Sunday morning 8:30 AM - 9:45 AM

Pre-Kindergarten thru 8.

Sunday afternoon 6:15 PM- 8:15 PM

Grades 9 thru 12.

**WEB: WWW.ALTOONACATHEDRAL.ORG**

**FAX: 814-942-4337**

**E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG**

**EUCCHARIST:**

Sunday: 5:00 PM (Vigil)  
8:00 AM  
10:00 AM  
12:00 Noon  
5:00 PM

Holyday: 5:30 PM (Vigil)  
8:00 AM  
12:00 Noon  
5:30 PM

Weekday: 6:45 AM  
12:00 Noon  
Saturday: 8:00 AM  
12:00 Noon

Most Reverend Mark L. Bartchak, J.C.D., Bishop

Very Reverend Alan E. Thomas VG, Administrator

Reverend Father Dennis M. Kurdziel, Parochial Vicar

CHRISTIAN INITIATION TEAM - 944-4603

CATHOLICS RETURNING HOME - 944-4603

MAIL MINISTRY TO ELDERLY, HOMEBOUND,  
SERIOUSLY SICK, AND GRIEVING - 944-4603

HOLY TRINITY CATHOLIC SCHOOL

Web: www.holytrinitycatholic.school

Altoona Campus (Pre-K thru Grade 4) - 381-7011

Hollidaysburg Campus (Pre-K thru Grade 4) - 695-6112

Middle School Campus (Grades 5 thru 8) - 942-7835

BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL

Web: www.bishopguilfoyle.org - 944-4014

DIRECTORS OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 8 - 312-7317

Jean Koury - 9 thru 12 - 949-2777

Religious Education Office: Sundays - 943-7424

DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO

Music Ministry Office - 944-2044

E-mail: lthayer@dioceseaj.org

***SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851***

## SIXTEENTH SUNDAY IN ORDINARY TIME

July 21, 2019

Readings: Gn 18:1-10; Col 1:24-28; Lk 10:38-42

### MASS INTENTIONS

July 22, Monday: Saint Mary Magdalene

Readings: Sg 3:1-4 or 2 Cor: 5: 14-17 Jn 20:1-2, 11-18

6:45 AM Madeline Vogel (Carole Clemens)

12:00 PM Denis Burns (Dave & Maureen Hanekamp)

July 23, Tuesday: Saint Bridget, Religious

Readings: Ex 14:21-15:1; Mt 12:46-50

6:45 AM M. Virginia Jones (Jim & Steph Kilcoyne Family)

12:00 PM James Snow, Birthday (Geis Family)

July 24, Wednesday: St. Sharbel Makhlef, Priest

Readings: Ex 16:1-5, 9-15; Mt 13:1-9

6:45 AM Rosemary Kwolek (Jean & Randy Koury)

12:00 PM Nancy Kennedy (Martha Mendes)

July 25, Thursday: Saint James, Apostle

Readings: 2 Cor 4:7-15; Mt 20:22-28

6:45 AM Jim Davidson (Tom and Patricia Forr)

12:00 PM Ruby Doyle (Skip Cowan)

July 26, Friday: Sts. Joachim & Anne, Parents BVM

Readings: Ex 20:1-17; Mt 13:18-23

6:45 AM Genevieve Hallinan (Family)

12:00 PM Paul A. Rose (Rose Family)

July 27, Saturday: Weekday

Readings: Ex 24:3-8; Mt 13:24-30

8:00 AM Bea Mannion (Cathedral Christian Mothers)

12:00 PM Ray Plummer (Dr. Joseph & Rebecca Clark)

Vigil: Seventeenth Sunday In Ordinary Time

Readings: Gn 18:20-32; Col 2:12-14; Lk 11:1-13

5:00 PM Clair and Barb Duffy (Family)

### Catholic Ministry Drive

We are most grateful to those who have so generously responded to the 2019 Catholic Ministries Drive. As of the end of May we have pledged totaling **\$29,375.00**, our goal for 2019 is **\$50,706.00**. Thank you for your generosity. It is most important that we receive your response as soon as possible. Monies received over our diocesan goal will help us to complete Charity Hall in The Cathedral Parish Center.

**Please remember our sick in your prayers.**

### Organist/Keyboardist Needed

St. Therese of the Child Jesus Church in Altoona is seeking an organist/keyboardist for their weekend masses. There are 3 masses (Sat 5 PM, Sun 8 and 10:30 AM), and choir practices are held periodically in the evening on a weekday. If interested please email [academyofsacredmusic@gmail.com](mailto:academyofsacredmusic@gmail.com).

### Stewardship Reflection

Martha was too busy to recognize the importance of Jesus' presence. Mary chose to use her time to pause and listen to Him. Without spiritual nourishment our lives become unbalanced. May we learn from Mary the gift of listening and then share with a Martha the message of how to grow in faith and the love of Jesus.

"The Challenge then, is to understand our role (our vocation) and to respond generously to this call from God. Christian vocation entails the practice of stewardship. In addition, Christ calls each of us to be stewards of our personal vocation, which we receive from God." (*Stewardship: A Disciples' Response, U.S. Bishop's Pastoral Letter, 1992*)

### Missionary Collection

Enclosed on this week's bulletin you will find an envelope attached to it. Please bring it with you next weekend, **Saturday July 27 or Sunday July 28th**, and put it in the collection basket. It would be very much appreciated.

### Baptism Congratulations!

Today Samuel James Marino V, was baptized and welcomed into our Cathedral Parish Family. Congratulations to parents, Samuel and Janelle and sister Aviana. May the graces strengthen Samuel and the adults who care for him.

### Saint Leonard's Personal Care Home

Worried about a loved one? St. Leonard's Home in Hollidaysburg provides medication management, personal hygiene assistance, socialization, meals, housekeeping and a 24-hour staff in a home-like environment. We serve men and women 62+ for whom it is no longer safe to live alone. To tour our beautiful Victorian mansion or for more information, call Sr. Cynthia Meyer at 814-695-9581 during weekday business hours. We are a Catholic facility but accept all eligible applicants, and will assist with financial aid applications where applicable.

### OFFERTORY COLLECTION

Sunday, July 14, 2019 - \$6,917.00

### Healing Patch Volunteers Needed

1 in 7 children will lose a parent or sibling by the age of 20. Behind this statistic are real children- who are struggling with difficult emotions like loneliness, fear, and anger. At the Home Nursing Agency Healing Patch, these children find hope and healing are possible through connecting with others. New volunteers are needed to meet the growing number of families finding support at the Healing Patch. While volunteers must understand they are unable to "fix" what has happened, they are able to facilitate activities to help children and adults connect and share their feelings in a safe and welcoming environment. Volunteers are essential for group nights, which occur two evenings a month from September thru May. New volunteers receive comprehensive training and have assistance in obtaining necessary clearances. For more information, contact Melody Ray, Volunteer Coordinator/Grief Specialist, at 814-947-7200 or [raym@upmc.edu](mailto:raym@upmc.edu).

### Young Adult Ministry

The Cathedral of the Blessed Sacrament will be starting a "Young Adult Ministry", Age 18 – 30. Our first gathering, for those not yet Confirmed or those young adults feeling the need to learn more about the Catholic Religion, will be on Sunday, September 15<sup>th</sup> after the 10:00 AM Mass in the St. John's Room. Any young adult youth interested in joining our Young Adult Ministry or being a part of this new endeavor (TEAM) please call Tammy Datri at 934-2441. There will be younger individuals organizing this group on a monthly basis.

### St. Benedict Church of Carrolltown Festival

**The 62nd Home- Coming Festival** is being held on July 26th, 27th, 28th. Entertainment daily with bingo, large basket auction, games live music, bake sale, ethnic foods and refreshments. Dunking Booth all three days. **Friday** 26th grounds open at 5 pm with Ethnic Foods and Wing Night specials. **Saturday** July 27th grounds open at 12 noon with our **Third Annual Cruise-In** from 12:00-5:00 pm. Mass at 4:00 pm. **Sunday** July 28th **Chicken Dinner with home-made noodle soup**, served from 11 am to 2 pm, the cost for Adults is \$10; Children 5-12, \$5; Children 4 and under, free. Take-out dinners available.

### Religious Education

Registration for Grades PK-11 will be held in the Parish Center Education floor, 14th St. entrance, before and after all masses on **August 17 and 18**. If you are new to the program please bring a copy of your child's baptism certificate. All students must be registered before the start of classes on September 8th. Please call Chris Laraia (312-7317) for PK/8, or Jean Koury (934-7316) for 9-11.

The PK/8 program is in need of a 3rd grade catechist. If interested please call Chris Laraia at 312-7317.

### Blair Garden Club Trip / Longwood Gardens

Saturday September 7th. Leaving Lowe's parking lot at 12:00 noon. Arrive at Longwood Gardens appx 5:00 pm. Fountains and Lights at 8:15 pm. Approximate return time to Lowe's is midnight to 1:00am.

Cost is \$60.00... includes bus, admission and tip for driver. Food is available at Longwood... or you may bring with you. No lunch or dinner stop. Contact Emma Kowalski at 942-0202 home or 932-0375 cell.

### Infant Baptismal Preparation

There will be a baptismal preparation session for infant baptism on **Thursday, August 1st**, at **7:00 P.M.** in the Seton Suite. Parents need not wait until your baby is born to attend the class. All parents are expected to attend this informative meeting regarding your baby's baptism. Please call the Office at 944-4603.

### Eucharistic Adoration

Eucharistic adoration will be the first Wednesday of next month, **August 7th** from 12:30 PM until 8:00 PM. Please note this in your schedules and plan to spend some quality time in prayer before the Sacrament in exposition.

### Catholic Tours and Cruises

#### Shrines of Northern Italy & Rome

Take your FAITH ON A JOURNEY, to Northern Italy and Rome on this 9 night experience. September 19th - 27th, 2019. Your included destinations while on this journey: **Milan, Italy, Turin, Pavia, Sirmione, Padua, Pomposa, Ravenna, Rome, Italy**. Plus, Mass and Rosary will be offered throughout your journey. Land prices begin at \$1589.00 per person, based on double occupancy. Deposits of only \$400.00 per person will reserve your space. Space is VERY LIMITED. For further information or to register, contact Michelle or Eileen at 860-399-1785/[Eileen@CatholicCruisesandTours.com](mailto:Eileen@CatholicCruisesandTours.com).