TWENTY-FIRST SUNDAY IN ORDINARY TIME

August 29, 2021

MASS INTENTIONS

August 30, Monday: Weekday

6:45 AM + Orvita Knott (Joe & Dan Angeski

Marcy Yurinko)

12:00 PM + Eva E. Ruggery, Ann.(Mae Ruggery

Pagliara Family)

August 31, Tuesday: Weekday

6:45 AM + Bishop Joseph Adamec (Anonymous)

12:00 PM + Captain Joshua Laird (M & M Tim Longwill)

September 1, Wednesday: Weekday

6:45 AM + Thomas Boslet (Wife)

12:00PM + Lori Keirn (Rick & Cindy Barr)

September 2, Thursday: Weekday

6:45 AM + Patrick Hallinan (Family)

12:00 PM + Ronald Schirf (Janice Schirf)

September 3, Friday: St. Gregory the Great

6:45AM + Alice Ann Martynuska(M/M Steve Martynuska) 12:00 PM + Jean Yorgy, Birth. (Mr & Mrs Jim Williford)

September 4, Saturday: Weekday

8:00 AM + Roger Furry (Kerry & Cathy Hallinan)

12:00PM + James Riley Sr. (Donna & Ernie Long)

Vigil: Twenty-Third Sunday In Ordinary Time

5:00 PM + Kathleen Duffy, Birthday (Husband)

September 5, Sunday,

8:00 AM + Dave Berger Sr. (Karen & Dave Rhoa)

10:00AM + Ron Sheehan, Birthday (Wife)

12:00 PM + Amelia Seiler (Jean & Randy Koury)

5:00 PM Pro Popolo / For the People

Parish Office Closed Labor Day

Cathedral Parish Offices will be closed on Monday, September 6, to commemorate the Labor Day holiday.

Families and the Gospel

In today's Gospel, Jesus warns, "what comes from within can defile" a person. Families need to worry about "outside influences" but also about "inside influences." The value our children carry for a lifetime are learned at home. Habits of the Hearth are the most powerful influences on a child. That is the good news! That can also be the bad news!

Readings for the week of August 29, 2021

Sunday: Dt 4:1-2, 6-8/Ps 15:2-3, 3-4, 4-5 [1a]/Jas 1:17-

18, 21b-22, 27/ Mk 7:1-8, 14-15, 21-23

Monday: 1 Thes 4:13-18/Ps 96:1 and 3, 4-5, 11-12, 13 [13b]/Lk 4:16-30

Tuesday: 1 Thes 5:1-6, 9-11/Ps 27:1, 4, 13-14 [13]/Lk

4:31-37

Wednesday: Col 1:1-8/Ps 52:10, 11 [10]/Lk 4:38-44 **Thursday:** Col 1:9-14/Ps 98:2-3ab, 3cd-4, 5-6 [2]/Lk

5:1-11

Friday: Col 1:15-20/Ps 100:1b-2, 3, 4, 5 [2b]/Lk 5:33-

39

Saturday: Col 1:21-23/Ps 54:3-4, 6 and 8 [6]/Lk 6:1-5 **Next Sunday:** Is 35:4-7a/Ps 146:7, 8-9, 9-10 [1b]/Jas 2:1-5/Mk 7:31-3

RELIGIOUS EDUCATION NEWS

Religious Education News

All registrations for Religious Ed PK4-11 MUST be completed by first day of class, Sunday, September 12th. Please call Chris Laraia for more information.

Sacrament Prep News

First and Second grader parents must attend a mandatory session on Thursday, September 23rd from 6-8 p.m. in the Cathedral Parish Hall. Please bring a copy of your child's baptism certificate.

First Reconciliation Prep

Oct. 5th, Nov. 9th, and Nov. 30th, 6-8 p.m. in the Cathedral Parish Hall, parents and students.

Eucharistic Adoration

On Wednesday, September 1, Cathedral Parish will have Eucharistic Adoration from 12:30 P.M. until the end of Confessions. A sign-up sheet is located on the cross aisle table to mark your time for visitation before the Blessed Sacrament. The Church asks that at least two people be present at all times when there is Exposition of the Sacrament.

Nocturnal Adoration

The next Nocturnal Adoration will take place at Cathedral of the Blessed Sacrament Church, One Cathedral Square, Altoona, on Friday September 3rd, from 8:00 p.m. to 11:00 p.m. All are welcome to spend an hour or as long as you would like.

Helpers Needed

Volunteers are needed to help clean the Cathedral on Wednesday, September 8th, at 9:00 A.M.. It takes one to two hours to dry mop, dust, and vacuum. Please bring your buckets and join us.

OFFERTORY COLLECTION Sunday, August 22, 2021 \$7,757.50



Bishop Mark Bartchak will celebrate a Mass here on Saturday, September 11, at 10:00 a.m. to commemorate the 20th anniversary of 9/11 and to honor first responders, healthcare professionals, and civil servants. You are encouraged to join us in thanking God for being a comforting source of healing, an encouraging companion of strength, and a faithful reason for hope.

Basket Bingo Update

Our Basket Bingo is being planned for Sunday, September 26. Now we are looking for donations of gift cards, lottery tickets, gift baskets, and monetary contributions. Bottles of water and cans of soda would also be appreciated. They may be dropped off at the Cathedral Parish Center Office during the hours of 9:00AM-5:00PM.

Basket Blngo Tickets

We are selling Basket Bingo tickets now at the Cathedral Square door after all masses and at the Parish Office: \$25.00 per person with value pack for an additional \$30. If you had purchased a ticket last year it is still good for this year. If you have any questions please call Lorraine Beck at 1-240-676-6704, or the Parish Office at 814-944-4603. Dobbers Up!!! Lets Play Bingo!!!

Basket Bingo Meeting

We will be having a Basket Bingo meeting on Thursday, September 9th at 6:30p.m. in the Cathedral Parish Center 13th Avenue door. All are welcome.

Social Gathering

On Sunday, September 5, there will be fellowship with refreshments after the 8:00 AM and 10:00 AM Masses. You are invited to join us. Gratitude is extended to our parish's Social Committee for hosting this event.

Stewardship Reflections

There is a potential opportunity every Sunday for us to increase our understanding and wisdom in what it means to live a stewardship way of life. Our focus as Catholics should be on eternal life, not on the particulars of the life we experience on earth.

That does not mean that we do not strive to live holy lives and we do not commit ourselves to lives of service and love. Just as Moses addressed the hypocrites and their practice of faith, James, too, reminds us what we do is important than merely giving a show of fait: "Be doers of the Word, and not hearers only."

Jesus calls the elders hypocrites and points out to them how their priorities are out of order and that they need (and we do, also) to be more concerned about cleansing their hearts than their hands. One of the adages associated with stewardship is that we need to "possess loosely." That includes some of the traditions which we may cling. (Stewardship Reflection, Catholic Stewardship Consultants, Inc. 2015/08/12.)

Baptismal Prep Cless Scheduled

There is a Baptismal Prep class scheduled for Tuesday, September 9th, at 6:30 PM in the Cathedral Parish Center Education Room on 14th Street entrance. Need not wait till the baby is due. You can pre-register by calling the Parish Office at 814-944-4603.

Pray the Rosary

Fridays at the Basilica of Saint Michael, Loretto at 3:00 PM- Please join us as we gather to pray the Chaplet of Divine Mercy and the Rosary for our country, world and religious freedom.

High School Students Service Hours

High School Students, if you are looking to help get your service hours for the 2021/2022 for Religious Education. You may want to help us out during the basket bingo, emptying bags, getting cans of soda or getting bottles of water for our bingo players. If you could help us on Friday evening at 6:30 PM to set up or on Sunday after 5:00 PM to tear down. You can get in touch with your teacher or have your parents call the office and talk to Paula she will put your name and the times that you are available. Thank you in advance.

Thank you, Lord, for the many blessings you have given and continue to give to the Cathedral of the Blessed Sacrament Family.

AUGUST 29, 2021

Albert Einstein said that the "true measure of intelligence is not knowledge but imagination." Being a disciple of Jesus Christ requires a great deal of imagination. It is not enough to simply attend to facts, rules and rituals and consider the job done. Quite contrarily, the Gospels demands creativity, of trying to discern how to put flesh on the Beatitudes and properly serve God's children. Jesus never doled out a top down agenda. Not once did he ever demand conformity over conversion or sacrifice over mercy. The Gospel is always about putting people in touch with their compassionate, forgiving, and unconditionally loving God and meeting them where they are.

For Jesus, it often meant breaking a few rules. Well respected and time-honored traditions had to be set aside in order to attend to what really mattered. God's compassion, mercy and true conversion were always the trump cards. The story of the Good Samaritan, healing on the Sabbath, and bypassing of purification rituals all display this theme. Human beings can get too hung up on protocol and tradition. This is so much so that often preserving all of these things is of greater concern than the beggar knocking on our door or the sinner looking for mercy. It is no wonder, then, that we can easily become hypocritical. Many can see us on our knees in prayer while our true heart and actions, rooted in judgment and self-preservation, are hidden from others. It is a trap into which we can easily fall. Who cares how we live our lives as long as our hands are properly washed!

Here enters the need for imagination and the distinction of truly being a wise and intelligent person. It takes a good measure of creativity and a lot of guts to really be a doer of God's word and not merely a hearer. Being a person who doesn't just tell people about God but shows people God requires courage and ingenuity. That's why people like St. Francis of Assisi and St. Teresa of Calcutta are timeless. Their genuineness speaks volumes generation to generation. It's risky business taking the step to allow God into our hearts. Permitting God to release us from the grip of our evil thoughts, infidelity, greed, malice, sexual improprieties, licentiousness, envy, arrogance, folly, and the like takes courage. That's why we prefer to spend our energy rearranging the future rather than take measures to secure a foundation that is most certainly crumbling.



The Year of Saint Joseph

The Assumption of the Blessed Virgin Mary in Ordinary Time. Patris Corde 3. An Obedient Father, Faithful Servant.

St. Joseph's total obedience as a faithful servant to God is evidenced by his immediate actions in response to the four dreams from an angel sent by God. Joseph must have had a very rich interior life in order for him to hear angels, dwell in silence, give way to Mary, live chastely with her, share nonphysical intimacy with her and abide in loving attentiveness to God. St. Joseph saw Jesus grow daily in wisdom and in years and in divine and human favor.

According to Saint John Paul II, "Saint Joseph was called by God to serve the person and mission of Jesus, directly through the exercise of his fatherhood" and that in this way, "he cooperated in the fullness of time in the great mystery of salvation and is truly a minister of salvation."

Living the virtue of obedience to God should be our goal too. As we complete this month of August 2021, honoring and recognizing St. Joseph's exemplary life of obedience and mission, let us participate in some Spiritual and Corporal of Mercy, including our meditations and prayers to St. Joseph.

St. Joseph, obedient father, faithful servant, pray for us.

(Pope Francis Apostolic Letter Patris Corde, 3. Dec. 8, 2020; 2021, Diocese of Altoona-Johnstown Liturgy Committee, Liturgy Office, *Mary, Mother of the Church Pastoral Center*, 2713- West Chestnut Avenue, Altoona, PA 16601.

Saint Joseph Church Bellwood

Welcome all Pilgrims! Thursday, September 9, Confessions at 5:00 pm, Mass at 6:00 pm Fr. David Roesch guest celebrant. Friday, September 10, Confessions at 5:00 pm, Mass at 6:00 pm, Fr. Alan Thomas guest celebrant. Saturday, September 11, Saturday evening Mass at 4:00 pm. Bishop Mark main celebrant; Confessions at 3:30 pm. Sunday, September 12, 9:00 am, outdoor Sunday Mass at the Shrine of St. Joseph, Celebrant: Fr. Jozef Kovachik, Pastor. St. Joseph Table Social to follow.

St. Joseph's Mission Church Shrine

All are Welcome! St. Joseph Mission Church Shrine will be opened on **September 5** from 12 Noon to 3:00 pm for the final self-guided tour day. On **Saturday, October 9**, please come back and celebrate Mass at 4:00 pm with Bishop Mark for the 191st Anniversary of the Dedication of the Church by Servant of God, Demetrius Gallitzin. Directions and full history can be found on the website: **www.simc1830.com**

THE CHURCH OF ALTOONA-JOHNSTOWN

THE CATHEDRAL OF THE BLESSED SACRAMENT

ONE CATHEDRAL SQUARE, ALTOONA, PENNSYLVANIA 16601-3315 CHURCH OFFICE: 814-944-4603

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions. CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM. Communal Penance Services: Advent and Lent.

ANOINTING OF THE SICK:

Upon Request and Communal celebration

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

DEVOTIONS:

Charismatic Prayer - Normally 3rd Monday of the Month Eucharistic Adoration - First Wednesday - 12:30 PM - 8:00 PM Eucharistic Day - Feast of the Body and Blood of Christ.

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12.
Sunday morning 8:30 AM - 9:45 AM
Pre-Kindergarten thru 8.
Sunday Evening 6:15 PM-8:15 PM
Grades 9 thru 12.

WEB: WWW.ALTOONACATHEDRAL.ORG

FAX: 814-942-4337

E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG

https://www.facebook.com/cathedralofaltoona

 Sunday:
 5:00 PM (Vigil)
 Holyday:
 5:30 PM (Vigil)

 8:00 AM
 8:00 AM

 10:00 AM
 12:00 Noon

 12:00 Noon
 5:30 PM

 5:00 PM

Most Reverend Mark L. Bartchak, J.C.D., Bishop

Reverend Monsignor Stanley Carson, Administrator

Reverend Father Dennis M. Kurdziel, Parochial Vicar

CHRISTIAN INITIATION TEAM - 944-4603

CATHOLICS RETURNING HOME-944-4603

MAIL MINISTRY TO ELDERLY, HOMEBOUND, SERIOUSLY SICK, AND GRIEVING - 944-4603

HOLYTRINITY CATHOLIC SCHOOL

Web: www.holytrinitycatholic.school

Altoona Campus (Pre-K thru Grade 4) - 381-7011 Hollidaysburg Campus (Pre-K thru Grade 4) - 695-6112 Middle School Campus (Grades 5 thru 8) - 942-7835

BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL Web: www.bishopguilfoyle.org - 944-4014

DIRECTOR OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 12 - 312-7317

E-mail: claraia@dioceseaj.org

Religious Education Office: Sundays - 943-7424

DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO Music Ministry Office - 944-2044 E-mail: lthayer@dioceseaj.org

> Weekday: 6:45 AM 12:00 Noon

Saturday: 8:00 AM 12:00 Noon

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