THIRD SUNDAY IN LENT
March 12, 2023
MASS INTENTIONS

March 12, Third Sunday of Lent
8:00 AM+ Charlie Moore (Carmie Maniglia & Rose Nasralla)
10:00 AM+ Gail Sloan, Birthday (Friends)
5:00 PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church is at 11:30 AM.

March 13, Monday, Lenten Weekday
12:00 PM + Joe Wiedemer, Anniversary (Family)

Mass at Our Lady of Fatima Church is at 11:30 AM.

March 14, Tuesday, Lenten Weekday
12:00 PM + Karl Burgmeier, Ann. (Daughter Carol Talley)

March 15, Wednesday, Lenten Weekday
12:00 PM + Joe Jaronieski Jr, (McNelis All Stars)

March 16, Thursday, Lenten Weekday
12:00 PM + Paul Weible (Wife Edith)

March 17, Friday, Saint Patrick, Bishop
12:00 PM + Jim Doud (Wife Edith)

March 18, Saturday, Saint Cyril of Jerusalem, Bishop and Doctor of the Church
12:00 PM Kirk Kling, Birthday (Geishauser Family)
Vigil: Fourth Sunday of Lent
5:00 PM + Patrick Duffy, Birthday (Family)

March 19, Fourth Sunday of Lent
8:00 AM + John Duffy (Greg & Kathy Clemens)
10:00 AM + Cyril & Mary Kibler (Jerry & Rita Kibler)
5:00 PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church is at 11:30 AM.

Readings for the week of March 12, 2023
Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30
Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/ Mt 18:21-35
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/ Mt 5:17-19
Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23
Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34
Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14
Next Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Ep 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

OFFERTORY COLLECTION
Sunday, March 5, 2023 $12,439.25.
Thank you for your financial and spiritual support.

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STRENGTH IN CHRIST
Our diocesan Men’s Conference is in on Saturday, April 29, at Mount Aloysius College in Cresson.
Registration forms are available at our entrances.
The cost is $20.00. The conference begins at 9:00 a.m. and ends at 3:30 p.m. Bishop Mark will be celebrating Mass at 4:00 p.m.

Bishop Mark Dispenses Obligation to Abstain from Meat on Saint Patrick’s Day
A dispensation from the obligation of Catholics to abstain from meat on Friday, March 17, 2023, St. Patrick’s Day, has been granted by Bishop Mark. People who choose to accept this dispensation should perform some other act of penance in its place. The choice of such penance is to be determined by the individual. The Bishop recommends that the penance reflect the spirit of Lent, that is, acts of prayer or charity to the poor. Catholics who choose to observe the traditional Lenten abstinence from meat on that day are not required to perform any other penitential acts.

You are encouraged to pray sung evening prayer before the Blessed Sacrament on the Sundays of Lent at 6:30 P.M. Vespers will be concluded with Benediction.

Thanks to the generosity of a benefactor, an Automated External Defibrillator has been donated to the cathedral. Persons interested in being trained to use the AED and in CPR are asked to call the rectory office. The parish will pay for the training.

Christian Mothers Meeting
All women of the Cathedral parish are invited to the next Christian Mothers meeting on Wednesday, March 15, 2023 in the Seton Suite at 6:30pm. Please come join us as we re-organize and set activities for the coming year. All suggestions and ideas are welcome. If you have any questions call Carol Galioto at 814-946-3769.

Life in the Spirit
Holy Spirit Ministry will be hosting a diocesan-wide Life in the Spirit Seminar on Saturday, March 25, at St. Mary’s Church, Hollidaysburg. The retreat, which focuses on the power and presence of the Holy Spirit, will include dynamic teachings and testimonies by Fr. Natan Malavolti TOR, Fr Alan Thomas, Andre McCrave, Fr. Brad Baldwin TOR, and others. It will also include praise and worship, small group faith sharing and more. Lunch and dinner provided. To register call 814-931-0192. Registration deadline is March 15. Suggested donation $25.00.

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When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, “How much water do you drink?” I told her, “I haven’t had time to drink water lately.” She responded, “You’re chronically dehydrated. Drink eighty-five ounces a day and call me in a week.” I started guzzling water and in a week all my symptoms went away. I felt great.

Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come.

The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you’re spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don’t panic. Of course we have those symptoms. Ask God to provide his water and in a week all my symptoms went away. I felt great.

March 12, 2023

From Monday to Friday from 7:45 A.M. to 4:30 P.M. you are asked not to park in the spaces reserved for Catholic Charities. Those spaces are needed for staff and clients.