

THIRD SUNDAY IN LENT

March 12, 2023

MASS INTENTIONS

March 12, Third Sunday of Lent

8:00 AM+ Charlie Moore (Carmie Maniglia & Rose Nasralla)

10:00 AM+ Gail Sloan, Birthday (Friends)

5:00 PM Pro Popolo/For the People

Mass at Our Lady of Fatima Church is at 11:30 AM.

March 13, Monday, Lenten Weekday

12:00PM +Joe Wiedemer, Anniversary (Family)

March 14, Tuesday, Lenten Weekday

12:00PM + Karl Burgmeier, Ann. (Daughter Carol Talley)

March 15, Wednesday, Lenten Weekday

12:00PM +Joe Jaronieski Jr, (McNelis All Stars)

March 16, Thursday, Lenten Weekday

12:00PM +Paul Weible (Wife Edith)

March 17, Friday, Saint Patrick, Bishop

12:00 PM +Jim Doud (Debbie Ball)

March 18, Saturday, Saint Cyril of Jerusalem, Bishop and Doctor of the Church

12:00 PM +Kirk Kling, Birthday (Geishauser Family)

Vigil: Fourth Sunday of Lent

5:00 PM +Patrick Duffy, Birthday (Family)

March 19, Fourth Sunday of Lent

8:00 AM +John Duffy (Greg & Kathy Clemens)

10:00 AM +Cyril & Mary Kibler (Jerry & Rita Kibler)

5:00 PM Pro Popolo/For the People

Mass at Our Lady of Fatima Church is at 11:30 AM.

Readings for the week of March 12, 2023

Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30

Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/ Mt 18:21-35

Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/ Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34

Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

Next Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/ Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38



STRENGTH IN CHRIST

Our diocesan Men's Conference is on Saturday, April 29, at Mount Aloysius College in Cresson. Registration forms are available at our entrances.

The cost is \$20.00. The conference begins at 9:00 a.m. and ends at 3:30 p.m. Bishop Mark will be celebrating Mass at 4:00 p.m.



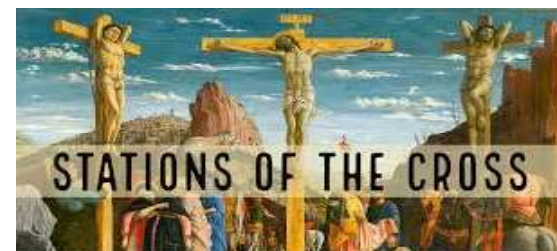
Our parish's Annual Lenten Fish Fry Lunch is on the Fridays of Lent, except Good Friday. The drive-thru lunches will be available from 11:00 A.M. until 1:30 P.M. The cost is \$10.00 for a large fish sandwich, mac & cheese, and cole slaw. For ten or more lunch purchases, delivery is available but you need to call ahead at 814-944-4603. Take out and cash only.

OFFERTORY COLLECTION
Sunday, March 5, 2023 \$12,439.25.
Thank you for your financial and spiritual support.

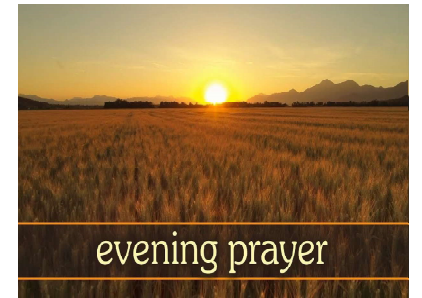


Bishop Mark Dispenses Obligation to Abstain from Meat on Saint Patrick's Day

A dispensation from the obligation of Catholics to abstain from meat on Friday, March 17, 2023, St. Patrick's Day, has been granted by Bishop Mark. People who choose to accept this dispensation should perform some other act of penance in its place. The choice of such penance is to be determined by the individual. The Bishop recommends that the penance reflect the spirit of Lent, that is, acts of prayer or charity to the poor. Catholics who choose to observe the traditional Lenten abstinence from meat on that day are not required to perform any other penitential acts.



Stations of the Cross will be prayed during Lent on Fridays at 5:30 P.M.



You are encouraged to pray sung evening prayer before the Blessed Sacrament on the Sundays of Lent at 6:30 P.M. Vespers will be concluded with Benediction.



Thanks to the generosity of a benefactor, an Automated External Defibrillator has been donated to the cathedral. Persons interested in being trained to use the AED and in CPR are asked to call the rectory office. The parish will pay for the training.

Christian Mothers Meeting

All women of the Cathedral parish are invited to the next Christian Mothers meeting on Wednesday, March 15, 2023 in the Seton Suite at 6:30pm. Please come join us as we re-organize and set activities for the coming year. All suggestions and ideas are welcome. If you have any questions call Carol Galioto at 814-946-3769.

Life in the Spirit

Holy Spirit Ministry will be hosting a diocesan-wide Life in the Spirit Seminar on Saturday, March 25, at St. Mary's Church, Hollidaysburg. The retreat, which focuses on the power and presence of the Holy Spirit, will include dynamic teachings and testimonies by Fr. Natan Malavolti TOR, Fr. Alan Thomas, Andre McCarville, Fr. Brad Baldwin TOR, and others. It will also include praise and worship, small group faith sharing and more. Lunch and dinner provided. To register call 814-931-0192. Registration deadline is March 15. Suggested donation \$25.00.



Contribution Reports

Contribution reports for income tax purposes may be obtained by calling Paula at the Parish Office: 944-4603.

March 12, 2023

When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, "How much water do you drink?" I told her, "I haven't had time to drink water lately." She responded, "You're chronically dehydrated. Drink eighty-five ounces a day and call me in a week." I started guzzling water and in a week all my symptoms went away. I felt great.

Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come.

The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you're spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don't panic. Of course we have those symptoms. Ask God to provide his water to quench your spiritual thirst, and he will. And all those symptoms will soon disappear.

Father John Muir **@LPi**



From Monday to Friday from 7:45 A.M. to 4:30 P.M. you are asked not to park in the spaces reserved for Catholic Charities. Those spaces are needed for staff and clients.



The 2023 Catholic Ministries Drive target for the Cathedral of the Blessed Sacrament is \$42,000. The target is calculated as 10% of our regular offertory averaged over the previous three years (2020-2022). Dollars raised over our goal will be returned to the parish.

The 2023 Catholic Ministries Drive campaign---TOGETHER WE SERVE---supports 14 ministries which people in our Diocese are accompanied on their faith journey. There are so many gifted and generous laypersons who share their time and talent to support our Catholic ministries. Without their help and our help, we could not fulfill our mission. This year, more so than others, our world, our nation, our communities, our parishes, and our families need tangible expressions of hope.

Please reflect on Bishop Mark's invitation to participate and return your pledge card either through the mail or in next weekend's offertory.



200 new chairs have been purchased for our hall.

If any parishioners want to clean and paint some old metal chairs for use at home, garage, or camp, they will be available in the hall on Saturday, March 18, from 8:00 A.M. to Noon. Go to the alley entrance. You're invited to donate a dollar for each old chair.

THE CHURCH OF ALTOONA-JOHNSTOWN

THE CATHEDRAL OF THE BLESSED SACRAMENT

ONE CATHEDRAL SQUARE, ALTOONA, PENNSYLVANIA 16601-3315
CHURCH OFFICE: 814-944-4603

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions.

CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM.

Communal Penance Services: Advent and Lent.

ANointing OF THE SICK:

Upon Request and Communal celebration

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

DEVOTIONS:

Eucharistic Adoration - First Wednesday - 12:30 PM - 8:00 PM

Eucharistic Day - Feast of the Body and Blood of Christ.

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12.

Sunday morning 8:30 AM - 9:45 AM

Pre-Kindergarten thru 8.

Sunday Evening 6:15 PM- 8:15 PM

Grades 9 thru 12.

WEB: WWW.ALTOONACATHEDRAL.ORG

FAX: 814-942-4337

E-MAIL: ALTCATHEDRAL@DIOCESEAJ.ORG

<https://www.facebook.com/cathedralofaltoona>

Sunday: 5:00 PM (Vigil)
8:00 AM
10:00 AM
5:00 PM

Weekday: 12:00 Noon
Saturday: 12:00 Noon

Most Reverend Mark L. Bartchak, J.C.D., Bishop

Reverend Monsignor Stanley Carson, Administrator

Paula Clemens, Parish Secretary

DIRECTOR OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 12 - 814-312-7317

Religious Education Office: Sundays - 814-943-7424

E-mail: claraia@dioceseaj.org

DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO

Music Ministry Office - 814-944-2044

E-mail: lthayer@dioceseaj.org

CHRISTIAN INITIATION TEAM - 814-944-4603

CATHOLICS RETURNING HOME - 814-944-4603

MAIL MINISTRY TO ELDERLY, HOMEBOUND, SERIOUSLY SICK, AND GRIEVING - 814-944-4603

HOLY TRINITY CATHOLIC SCHOOL

Web: www.holytrinitycatholic.school

Altoona Campus (Pre-K thru Grade 4) - 381-7011

Hollidaysburg Campus (Pre-K thru Grade 4) - 695-6112

Middle School Campus (Grades 5 thru 8) - 942-7835

BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL

Web: www.bishopguilfoyle.org - 814-944-4014

SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851