

# FOURTEENTH SUNDAY IN ORDINARY TIME July 9, 2023 Mass Intentions

## July 9, Fourteenth Sunday in Ordinary Time

8:00AM Living and Deceased Members of Michael and Ida Seymore Family (Family)  
10:00AM+Minnie Yahner (Al Schlecht)  
5:00PM Pro Popolo/For the People  
**Mass at Our Lady of Fatima Church 11:30 AM**

## July 10, Monday, Weekday

12:00PM+Kathy Byrne Santarsieri (The Byrne Family)

## July 11, Tuesday, Saint Benedict, Abbott

12:00PM+Souls in Purgatory (Anonymous)

## July 12, Wednesday, Weekday

12:00PM+Vera Hauk (Mai Nguyen)

## July 13, Thursday, Saint Henry

12:00PM+Charlie Nardella (Bob & Cathy Chiridon)

## July 14, Friday, Saint Kateri Tekawitha, Virgin

12:00PM+Jerry Dench (Marie & Sharon Yanchik)

## July 15, Saturday, Saint Bonaventure, Bishop and Doctor of the Church

12:00PM+Denis Burns (Dave & Maureen Hanekamp)

### Vigil: Fifteenth Sunday in Ordinary Time

5:00PM+Diane M. Johnston (Mother)

## July 16, Fifteenth Sunday in Ordinary Time

8:00AM Special Intention, Fred Petrunak Sr., Birth (Family)  
10:00AM+Mary Moffa Jenaway (Estate)  
5:00PM Pro Popolo/For the People  
**Mass at Our Lady of Fatima Church 11:30 AM**

*thank you*

## Thank You

Gratitude is extended to our Social Committee for the refreshments they provided on our loggia following our Sunday morning Masses on July 2. A special thanks to Mary Ann Bell, John Fischer, Tom & Beth Moore, Mark & Carol Sanker, Butch Winkler, and Linda Yaskow.

Refreshments will normally be served on the portico on the first weekend of the month.

## Readings for the week of July 9, 2023

**Sunday:** Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14 (see 1)/Rom 8:9, 11-13/Mt 11:25-30

**Monday:** Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab/Mt 9:18-26

**Tuesday:** Gn 32:23-33/ Ps 17:1b, 2-3, 6-7ab, and 15/Mt 9:32-38

**Wednesday:** Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3, 10-11, 18-19/Mt 10:1-7

**Thursday:** Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17, 18-19, 20-21/Mt 10:7-15

**Friday:** Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28, 39-40/Mt 10:16-23

**Saturday:** Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7/Mt 10:24-33

**Next Sunday:** Is 55:10-11/Ps 65:1, 11, 12-13, 14 (Luke 8:8)/Rom 8:18-23/Mt 13:1-23 or 13:1-9



## Outdoor Mass for Married Couples

The Altoona-Johnstown Diocese Family is invited to participate in and to pray for those living the Sacrament of Marriage at an Outdoor Mass honoring Married Couples on Sunday evening, July 16th at 7:00PM at the Shrine of Our Lady of the Alleghenies in Loretto. Bring a lawn chair. Indoors if rain. Bishop Mark is the celebrant and homilist. This is a wonderful way to celebrate, encourage and support married couples!

## Coming up! "Basket Bingo"

It is getting to that time of the year to start thinking of Basket Bingo, that will be taking place on Sunday, September 24, 2023 at Father Kelly Hall. We are starting to take donations of Basket Fillers, Monetary, and gift cards (with activation receipt please). Also donations of bottled water, and cans of soda, that can be dropped off at the office. If you have any questions you can call Paula Clemens at the Parish Office 814-944-4603, or Lorraine Beck 1-240-676-6704.

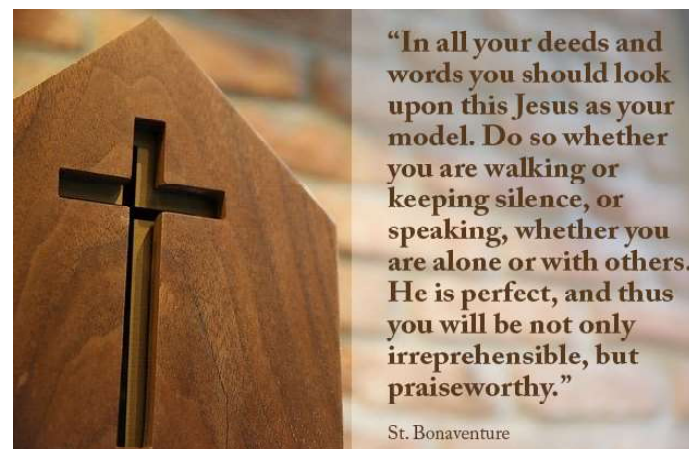
## Basket Bingo Meeting

We will be having a Basket Bingo meeting on Thursday, July 13th, at 6:00 PM here at the Cathedral Parish Center. Come join us. All are welcome!

OFFERTORY COLLECTION  
Sunday, July 2, 2023, \$ 9,032.00  
Thank you for your financial and spiritual support.



Using a video resource from FORMED, Msgr. Carson will facilitate a three-part series on the Eucharist on Sundays, July 16, 23, and 30 at 2:00 P.M. in the Seton Suite. The series will be repeated on Tuesdays, July 18, 25, and August 1 at 6:30 P.M. Depending on interest, the series might be repeated throughout the year. Though not necessary, it would be helpful if interested persons signed-up in advance by calling the office or by using the sign-up sheet at the cross aisle table.



## Christian Mothers' Fundraiser

The Cathedral Christian Mothers' are excited to team up with Hoss's Steak and Sea House this Sunday July 9, 2023, at the **Hoss's on Valley View Boulevard**. Proceeds from this fundraiser will help support children and adults in our parish. Please consider visiting the Altoona Hoss's location next Sunday. It's a great way to see friends and parish neighbors. Members will be at the Cathedral doors next Sunday with coupons to use or you can present this notice on July 9th, 2023 at Hoss's in **Altoona**. Hoss's will then donate 20% of your check total check (To qualify for the 20% payout, our group must have a minimum of \$300.00 in total pre-tax food and beverage sales). Thank you for supporting Christian Mothers.

## Enrichment Days at St. Bernadine Monastery

The Franciscan Friars, TOR at St. Bernadine Monastery welcome you to join us for our Wednesday Enrichment Days. Each workshop includes a class on the given topic, Mass, and lunch with Friars. The cost is \$20.00 per workshop and you must pre-register with payment. Space is limited, so please register early by sending payment to 788- Monastery Road, Hollidaysburg Pa 16648. The workshop themes are as follows:

**July 12th-** Vatican II (register by July 5th)

**August 16-** The Church and LGBTQ Community (register by August 9th)

**September 13th-** The Mass (register by Sept. 6th)



Blessed Carlo Acutis (1999-2006) was a teenager who prepared a website about international Eucharistic miracles. A portion of his exhibit, thanks to the kindness of the Altoona Catholic Daughters of the Americas, will be on display in the cathedral during the summer months.

Very much a product of his own times, Carlo enjoyed movies and playing video games on his PlayStation. He showed a great interest in computers and the internet and he created a website dedicated to cataloguing Eucharistic miracles. In this, he was inspired by the ideas of Blessed Giacomo Alberione and his commitment to using modern means of communication to evangelize.

Carlo developed M3 fulminant leukemia and he reflected, "I offer to the Lord the sufferings that will have to undergo for the Pope and for the Church." He died from the disease on October 12, 2006.



(PRACTICING) CATHOLIC - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

A Ballad of Flesh and Spirit,

“My yoke is easy and my burden is light,” says the man hanging from a cross. And if we only went on what we see with our eyes — flesh driven through by nails and sword, swollen from beating and inches from expiration — it would seem like a joke.

I’ll tell you something we all know: this life on earth is hard. It’s either too long or it’s too short. It’s frequently painful. It’s riddled with problems that seem to make no sense. It is, as Dickens wrote, “made of ever so many partings welded together.”

But it’s also shockingly, senselessly beautiful. It is full of physical experiences of love, joy, and peace that are so powerful they leave you breathless.

It is both these things — good and bad, hard and wonderful, just as we are both body and soul, spirit and flesh.

No one knows the Father except the Son, who entered into our bodily existence to free us from enslavement to it. No one knows the Son except the Father, and the means by which they know one another — the love passing between them, the Third Person himself — has been shared with us, has made its dwelling within us through baptism.

“Brothers and sisters, we are not debtors to the flesh, to live according to the flesh.”

— Romans 8:12

©LPi

### Johnstown Eucharistic Procession

St. John Gualbert Cathedral in Johnstown will host a city-wide Mass and Eucharistic Procession on Sunday, July 9th. Service will begin with 5PM Mass and conclude with the Eucharistic Procession to Central Park with Benediction in the Gazebo. First Communicants from all parishes are asked to RSVP to [johnstowncathedral@dioceseaj.org](mailto:johnstowncathedral@dioceseaj.org) if possible. All are welcome. Reception will follow in Central Park.



**According to the last diocesan report issued on May 31, 121 donors have contributed or pledged \$37,345 towards our \$42,000 target.**

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

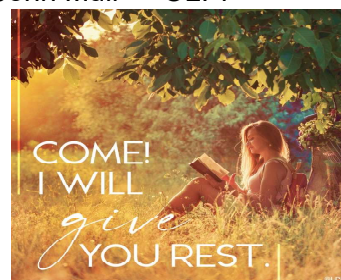
July 9, 2023

14th Sunday in Ordinary Time

Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing — sooner or later, this can all feel crushing and tire us out.

Which is why Jesus’ words are such stunningly good news: “Come to me all you who labor and are burdened and I will give you rest” (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is “meek and humble of heart.” We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is “yoked” to the Father in his divinity. But he is humbly “yoked” to us, sharing in our humanity.

The good news, my fellow tired-out friends: we don’t have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us, “Come! I will give you rest.” We come to him in the Church, Eucharist, the Scriptures, prayer, in the poor. There he will give us rest.  
— Father John Muir ©LPi



# THE CHURCH OF ALTOONA-JOHNSTOWN

## THE CATHEDRAL OF THE BLESSED SACRAMENT

ONE CATHEDRAL SQUARE, ALTOONA, PENNSYLVANIA 16601-3315  
CHURCH OFFICE: 814-944-4603

### CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

### INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions.

### CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

### RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM.

Communal Penance Services: Advent and Lent.

### ANOINTING OF THE SICK:

Upon Request and Communal celebration

### MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

### DEVOTIONS:

Eucharistic Adoration - First Wednesday - 12:30 PM - 8:00 PM

Eucharistic Day - Feast of the Body and Blood of Christ.

### RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12.

Sunday morning 8:30 AM - 9:45 AM

Pre-Kindergarten thru 8.

Sunday Evening 6:15 PM- 8:15 PM

Grades 9 thru 12.

**WEB: [WWW.ALTOONACATHEDRAL.ORG](http://WWW.ALTOONACATHEDRAL.ORG)**

**FAX: 814-942-4337**

**E-MAIL: [ALTCATHEDRAL@DIOCESEAJ.ORG](mailto:ALTCATHEDRAL@DIOCESEAJ.ORG)**

<https://www.facebook.com/cathedralofaltoona>

Sunday: 5:00 PM (Vigil)  
8:00 AM  
10:00 AM  
5:00 PM

Weekday: 12:00 Noon  
Saturday: 12:00 Noon

Most Reverend Mark L. Barchak, J.C.D., Bishop

Reverend Monsignor Stanley Carson, Administrator

Paula Clemens, Parish Secretary

### DIRECTOR OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 12 - 814-312-7317

Religious Education Office: Sundays - 814-943-7424

E-mail: [claraia@dioceseaj.org](mailto:claraia@dioceseaj.org)

### DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO

Music Ministry Office - 814-944-2044

E-mail: [lthayer@dioceseaj.org](mailto:lthayer@dioceseaj.org)

CHRISTIAN INITIATION TEAM - 814-944-4603

CATHOLICS RETURNING HOME - 814-944-4603

MAIL MINISTRY TO ELDERLY, HOMEBOUND, SERIOUSLY SICK, AND GRIEVING - 814-944-4603

### HOLY TRINITY CATHOLIC SCHOOL

Web: [www.holytrinitycatholic.school](http://www.holytrinitycatholic.school)

Altoona Campus (Pre-K thru Grade 4) - 381-7011

Hollidaysburg Campus (Pre-K thru Grade 4) - 695-6112

Middle School Campus (Grades 5 thru 8) - 942-7835

### BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL

Web: [www.bishopguilfoyle.org](http://www.bishopguilfoyle.org) - 814-944-4014

**SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851**