

**SIXTEENTH SUNDAY IN ORDINARY
TIME
July 21, 2024
Mass Intentions**



The 2024 Catholic Ministries Drive has begun. Our sacrificial gifts of prayer and treasure will make an immediate and lasting impact on our ministries that focus on evangelization, serving those in need, and the formation of priests and deacons. This year, our campaign's theme is Encountering Christ. During this time of the Eucharistic Revival, Encountering Christ is an invitation to grow in our living relationship with Christ in the Eucharist. Our diocese's ministries needs our support. Our parish's target is \$45,930. All contributions beyond our parish goal will remain for use within our parish. **\$48,745. has been pledged. (The pledge balance is \$4,025.)** If all pledges are paid, we will have reached 106% of our target. Thank you.



Sisters of Charity
OF NAZARETH

Mission Co-op Collection

The Sisters of Charity of Nazareth have been assigned to the Cathedral of the Blessed Sacrament and Our Lady of Fatima Parish as part of the annual Mission Cooperative Plan for 2024. Sister Sarah Geier, SCN and Sister Teresa Kotturan, SCN will speak at all Masses this weekend, July 20-21, 2024.

The Sisters of Charity of Nazareth were founded in Bardstown, Kentucky in 1812. Through their ministries of healthcare, education and social service, the sisters carry the message of Christ's love to those who most need help throughout the world. The Sisters will share stories about their ministries here in the United States as well as in their foreign missions and invite us to be part of their ongoing commitment by participating through our prayers and financial help.

A special collection will be taken up for their mission. We know that, as always, you will be as generous as you can.

OFFERTORY COLLECTION

Sunday, July 14, 2024 \$ 8,927.53

Thank you for your financial and spiritual support.

Religious Ed PK-11

Registration weekend for all Religious Ed and PREP students PK4-11 will be held Saturday, Aug 10, and Sunday, Aug. 11 before and after all Masses in the Religious Ed Center. New students must bring a copy of their Baptismal Certificate.

Classes will begin on September 8th. For more information or questions please contact Chris Laraia at 814-312-7317.

Vacation Bible School

Dive Deeper into your Faith!

Location: Bishop Guilfoyle Academy,

2400– Pleasant Valley Blvd. Altoona Pa 16602

Cost: \$25.00 per child, Kindergarten- 4th grade.

When: August 5th-9th, 9:00AM– 12:00PM

POSTERS ARE LOCATED AT ALL THE DOORS, SCAN THE QR CODE TO SIGN UP!

**Basilica of Saint Michael's the Archangel Parish
Family in Loretto**

On behalf of the Basilica of Saint Michael the Archangel Parish Family in Loretto, all the faithful of the Altoona-Johnstown Diocese are invited to outdoor Masses every Sunday evening at 7 PM at the Shrine of Our Lady of the Alleghenies concluding on Sunday, September 1. Please bring a lawn chair. In the event of inclement weather, the Mass will be celebrated in the Basilica of Saint Michael the Archangel.

Special Masses this Summer:

August 4 Mass for Young People – Return to College, Work, Military

The historic **Prince Gallitzin Chapel House**, next to the Our Lady of the Alleghenies Shrine, will be open on the following Sunday afternoons from **3:00 – 6:00 PM** for self-guided tours, pilgrimages and visits:

July 21, August 4, and 18



**BISHOP GUILFOYLE ACADEMY: PreK through
Grade 12.... Financial Aid Available**

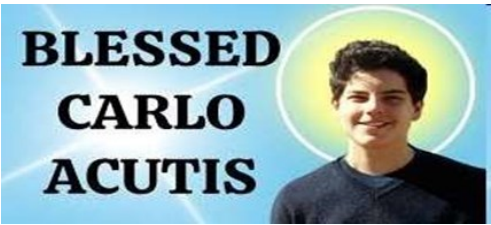
Our rolling admissions process means that anytime of the year is a good time to enroll at BG Academy! Our unified system streamlines the curriculum from PreK through Grade 12. Students enjoy Catholic faith formation and academic excellence in an environment where calm classrooms, self-discipline and respect for others are the norm.

Most of our students receive financial aid. Catholic students qualify for an automatic special scholarship. Ask for our household income chart that gives you an estimate of the tuition range for your family.

NEW Hollidaysburg campus for PreK and Kindergarten; Eldorado and Fairview campuses, PreK through grade 5; Call 942.7835. Pleasant Valley campus, Grades 6- 12; Call 944.4014. Ask for a personalized tour. Welcoming new students



Our parish, along with other Altoona parishes, will be collecting cereal this weekend, July 20-21, to benefit the hungry children in the Altoona area. Please place your donations in the boxes that will be available at our entrances. While children may be eligible for free lunches at school, a large number arrive in the morning without breakfast. The cereal goes to the St. Vincent DePaul Food Pantry.



Our parish has the entire exhibit of Eucharistic miracles prepared by Blessed Carlo Acutis (1999-2006). Portions of the exhibit will be displayed in the side chapels of the cathedral. You are encouraged to deepen your appreciation of the Eucharist by reading about the extraordinary ways the Lord has revealed Himself in the gift of the Blessed Sacrament.

Currently, the display includes miracles that took place in Spain, Italy, Belgium, Egypt, France, and Martinique.

July 21, Sixteenth Sunday in Ordinary Time
8:00AM+Anna Marie Jacobs, Birthday (Family)
10:00AM+Sam Kokolis (Kathy Grove)
5:00PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church 11:30AM

July 22, Monday, Saint Mary Magdalene
12:00PM+Linus F. Johnston (Mrs. Edgar Johnston))

July 23, Tuesday, Saint Bridget, Religious
12:00PM+Linda Graziosi Ruggery, Birth. (Aunt Mae & Family)

July 24, Wednesday, Saint Sharbel Makhluof, Priest
12:00PM Special Intention John Lang (Anonymous)

July 25, Thursday, Saint James, Apostle
12:00PM+Amelia Seiler (John & Beverly Butterbaugh)

July 26, Friday, Saints Joachim and Anne, Parents of
Blessed Virgin Mary
12:00PM+Souls in Purgatory (Anonymous)

July 27, Saturday, Weekday
12:00PM+Dorothy Martin Smith (George Smith and James Martin)
Vigil: Seventeenth Sunday in Ordinary Time
5:00PM+John Kirsch (Ed & Lois Simanski)

July 28, Seventeenth Sunday in Ordinary Time
8:00AM+Paul Rose, Anniversary (Family)
10:00AM+Barry Krug (Connie Sernulka)
5:00PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church 11:30AM

Confirmation Prep

***Changes are coming to the Confirmation Prep program beginning this year!**

All 8,9,10,11th grade public school and Catholic school students and a parent must attend this mandatory Confirmation information meeting on Wed. August 7th at 6:30 PM or Thur. August 8th at 6:30 PM in the Cathedral Hall. Please contact Chris Laraia for more information at 814-312-7317.

**GOSPEL MEDITATION - ENCOURAGE DEEPER
UNDERSTANDING OF SCRIPTURE**

July 21, 2024

16th Sunday in Ordinary Time

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, “Come away by yourselves to a lonely place, and rest a while.” For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him — whatever the cost — is an act of humble faith. And that trust in God begins to revive us.

But there’s more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. “Can we please get a minute to ourselves? This is not healthy!” And Jesus seems to encourage the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to more work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn’t more vacation time. It’s experiencing the super abundant generosity of God for us and those whom we serve. Father John Muir ©LPi

Basket Bingo

Our Basket Bingo is being held on Sunday, September 29, 2024 at the Father Kelly Hall, 5th Street and 25th Avenue. We are taking donations of gift cards, monetary gifts, or if you have a theme basket that you would like to do or donate for, we can always add to it. If you have any questions please feel free to call Paula at 814-944-4603 the Parish office, or Lorraine Beck 1-240-676-6704 or Paula’s cell 814-215-5949.

Basket Bingo Tickets Basket Bingo tickets will go on sale starting Saturday, July 20th, at the 13th Avenue door after all masses and at the Parish Office: \$25.00 per person, a value pack may be bought for an additional \$30.00. If you have any question call the Parish Office at 814-944-4603, Paula Clemens 814-215-5949 or Lorraine Beck 1-240-676-6704. Tickets will also be available at the door on the day of the event.



Christian Mothers Announcements

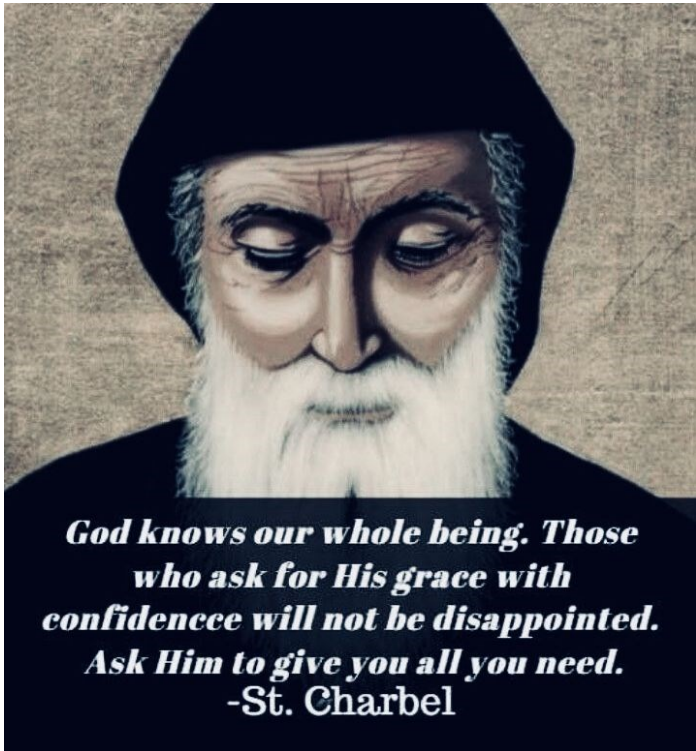
Pro– Life Rosary– Thursdays

As Catholics, we proclaim that human life is a precious gift from God; that each person who receives this gift has responsibilities towards God, self and others; and that society, through its laws and social institutions, must protect and nurture human life at every stage of its existence. The USCCB Committee on Pro-Life is inviting Catholics to join a focused effort of prayer for the end of abortion and for the protection of women and pre-born children.

Every Thursday after the Noon Mass, members of the Christian Mothers invite you to join them to recite the Pro-Life Rosary. We will meet in front of the Blessed Mother Chapel. Come join your prayers with ours as we pray for the protection of all of God’s children.

Pilgrimage Meeting and Meal

Msgr. Stan Carson, along with travel agent Brenda Ajay, will be hosting a meeting and meal on Thursday, July 25, on the loggia for the 30 pilgrims who will be travelling to Fatima, Burgos, Lourdes, and Barcelona from September 15-24.



The Church of Altoona-Johnstown
**THE CATHEDRAL
OF THE
BLESSED SACRAMENT**

ONE CATHEDRAL SQUARE, Altoona, Pennsylvania 16601-3315

Church Office: 814-944-4603

THE SIXTEENTH SUNDAY IN ORDINARY TIME - JULY 21, 2024

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions.

CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM.

By appointment, by texting or calling 814-937 8240 Communal Penance Services: Advent and Lent.

ANOINTING OF THE SICK:

Upon Request and Communal celebration

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

DEVOTIONS:

Eucharistic Adoration - Normally, the First
Wednesday 12:30 PM - 6:45 PM

Eucharistic Day - Feast of the Body and Blood of Christ.

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12. Sunday morning 8:30 AM - 9:45 AM Pre-Kindergarten thru 8.

Most Reverend Mark L. Bartchak, J.C.D., Bishop

Reverend Monsignor Stanley Carson, Administrator

Paula Clemens, Parish Secretary

DIRECTOR OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 12 - 814-312-7317
Religious Education Office: Sundays - 814-943-7424
E-mail: claraia@dioceseaj.org

DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO
Music Ministry Office - 814-944-2044
E-mail: lthayer@dioceseaj.org

CHRISTIAN INITIATION TEAM - 814-944-4603

CATHOLICS RETURNING HOME - 814-944-4603

**MAIL MINISTRY TO ELDERLY, HOMEBOUND,
SERIOUSLY SICK, AND GRIEVING - 814-944-4603**

BISHOP GUILFOYLE ACADEMY

Web: www.bishopguilfoyle.org - 814-944-4014
Eldorado Campus (Pre-K thru Grade 5) - 814-942-7835
Fairview Campus (Pre-K thru Grade 5) - 814-381-7011

Church Office: 814-944-4603

E-MAIL: altcathedral@dioceseaj.org

Fax: 814-942-4337

WEB

www.altoonacathedral.org



Facebook

www.facebook.com/cathedralofaltoona



Mass Times

Sunday:	Weekday:
5:00 PM (Vigil)	12:00 Noon
8:00 AM	
10:00 AM	Saturday:
5:00 PM	12:00 Noon

Serving the People of God in the City of Altoona Since 1851