

Sixteenth Sunday in Ordinary Time
July 20, 2025
Mass Intentions

July 20, **Sunday, Sixteenth Sunday in Ordinary Time**

8:00AM+Denis Burns (M/M Dave Hanekamp)
10:00AM+Frederick Martynuska (Joe and Bonnie Russo)
5:00PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church 11:30AM

July 21, **Monday, Saint Lawrence of Brindisi, Priest and Doctor of the Church**
12:00PM+ Junior (Dave Martinez Family)

July 22, **Tuesday, Saint Mary Magdalene**
12:00PM+Cupido (Leonida Patrick)

July 23, **Wednesday, Saint Bridget, Religious**
12:00PM+Linda Blackie (Friend)

July 24, **Thursday, Saint Sharbel Makhluf, Priest**
12:00PM+Trudy McNelis (The McNelis Family)

July 25, **Friday, Saint James, Apostle**
12:00PM+ Bernie McLucas (Family)

July 26, **Saturday, Saint Joachim and Anne, Parents of the Blessed Virgin Mary**
12:00PM+Dorothy Martin Smith (George Smith/James Martin)
Vigil : **Seventeenth Sunday in Ordinary Time**
5:00PM+Frank A. Goss, Birth. (Wife & Family)

July 27, **Sunday, Seventeenth Sunday in Ordinary Time**
8:00AM+Rita Kibler (Jess & Kathleen Winters)
10:00AM+Regis McCloskey (Dick & Carol Hollingshead)
5:00PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church 11:30AM

Outdoor Mass for Married Couples

Bishop Mark will be celebrating an outdoor Mass for married couples at the Our Lady of the Alleghenies Shrine in Loretto on Sunday, July 20, at 7:00 P.M. Couples will be invited to renew their sacramental commitment to each other. Bring your own lawn chair. If it rains, the Mass will be celebrated in the Basilica.

OFFERTORY COLLECTIONS

Sunday, July 13, 2025 \$ 7,906.76

Thank you for your monetary and personal contributions to the life of our parish.

Basket Bingo Tickets

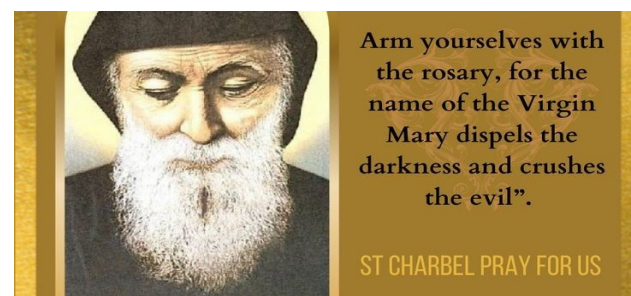
Tickets are now on sell for Basket Bingo, after all Masses on the weekend at the Cathedral side door, and in the office, Hours are 9:00AM-4:00PM, Monday thru Thursday and Friday 9:00AM to 3:00PM at 1405-13th Avenue. They are \$25.00 per person, and also a value pack can be bought for an additional \$30.00. If you have any questions call Paula at the Parish Office at 814-944-4603, Her cell # 814-215-5949, or Lorraine Beck cell at 1-240-676-6704.

Journey Through Loss

Is a nine-week program for those who have lost a loved one through death recently or in the past. The Christian based program provides the opportunity to share or to listen and offers positive ideas for coping. **The next sessions begins on Tuesday, July 22.** We will meet weekly from 6:30 to 8:00 PM in the Parish Center at St. John the Evangelist Church in Lakemont. All faiths are welcomed. For more information or to register contact Mary Petrak at 814-502-6076, or mfpetrak@hotmail.com.

Outdoor Mass for High School Graduates
Entering or Returning to College, University, Trade School, Workforce, or Military

Bishop Mark will be celebrating the annual Mass for your intentions at 7:00 P.M. at the historic Our Lady of the Alleghenies Shrine in Loretto. Bring a lawn chair. If it rains, Mass is in the basilica.



Church Picnic



Our parish will have a picnic on Sunday, August 17, at The Catholic War Veterans Club from 1-4 P.M. The parish will provide chicken and hot dogs. You've invited to bring a covered dish.

Training Session

CPR and AED Training sessions coming soon. If interested please contact Paula in the office at 814-944-4603 with your name and phone number it will be added to the list. Karen Isenberg will get in touch with you.

Stewardship Reflections

Today's readings are chock full of inspiration for living a stewardship way of life, starting with our first reading, from Genesis. Here we see the stewardship concept of hospitality at work as Abraham offers a generous welcome to three mysterious men who appear at the entrance to his tent. Some Church fathers hold that the three men are an early symbol of our Triune God; others that the three are angels. In any case, Abraham welcomes them warmly in true stewardship hospitality, offering them a good meal and some cool water with which to refresh themselves. In return for his generosity, one of the three men promises that Abraham's wife would miraculously give birth to a son, a promise which indeed comes true.

In the week ahead, let's examine how well we show "hospitality" to our Lord by putting Him first through our stewardship of time. If you do not have a daily habit of prayer, commit to five minutes for the next seven days. If you are already in the habit of daily prayer, make sure you are listening at least as much as speaking. Either way, you will be blessed. What a privilege to be His stewards.

Christian Mothers

The feast of Saints Anne and Joachim, who were Mary's parents and Jesus's grandparents, is celebrated annually on July 26th. On **Sunday July 27th, which is The World Day for Grandparents and the Elderly**, we will be celebrating our parish grandparents and their grandchildren after the 10:00AM Mass. A light reception and some fun games are planned.



DIOCESAN PILGRIMAGE BUS TRIP
TO WASHINGTON,DC

The Diocese is having a bus trip for a Jubilee Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception on Friday, October 17, 2025. The trip will include a tour of the Shrine, the Sacrament of Reconciliation, and Mass with Bishop Mark. You can purchase lunch at the Shrine cafeteria or bring your own lunch. There will be a rest stop on the way to Washington and a stop for supper on your own on the way home. To make reservations beginning August 4th, please call Paula Clemens at 814-944-4603. The cost is \$60.00 per person which includes a gratuity for the bus driver. The bus will leave at 7 A.M. from PNC Field (Altoona Curve) parking lot.



Religious Ed and Sacrament Prep Registration

Registration will take place at the Religious Education Center on Saturday, August 23rd, before and after the 5:00PM Mass, and on Sunday, August 24th, 2025 before and after all the Masses. Please use the 14th street entrance to the Religious Education Center. Please bring a copy of Baptism Certificate if you are new to this program.

GOSPEL MEDITATION - ENCOURAGE
DEEPER UNDERSTANDING OF SCRIP-
TURE

July 20, 2025

16th Sunday in Ordinary Time

Luke 10:38-42

One of my close friends is a hermit priest who lives on a desert mountain. Recently I found myself in a group conversation about him. One vehemently objected, “What does he do up there all day? Nothing! Priests are down here working, running parishes, making a difference, and he...he is doing nothing! What a waste.” The words dripped with indignation and resentment. Most of the group quietly nodded in silent agreement. Were they correct?

No! To see why, consider a similar scenario in this week’s gospel. Jesus visits his friends Martha and Mary. A hardworking and exasperated Martha complains to Jesus that her sister is attending to him rather than to urgent household tasks. Our Lord, rather than praising hospitality, explicitly celebrates the less-productive sister for doing the “one necessary thing.” He praises her for she “has chosen the better part” (Luke 10:42). Mary is busy doing what matters.

Before we freak out like Martha, consider that all work—domestic, manual, professional, ministerial, contemplative—is done to help us (sooner or later) to experience the love that makes us happy. We should be thankful for those who focus on the “better part” of radical, ceaseless prayer. They invite us to remember the purpose of all work is the enjoyment of love. Contemplatives, hermits, anyone fervently committed to prayer—they invite us to cast aside our forgetful, resentful, and self-aggrandizing attitudes in exchange for hearts ready to do what is finally necessary.

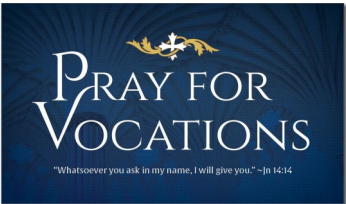
— Father John Muir ©LPi



The 2025 Catholic Ministries Drive target for Cathedral is \$51,400. Please be supportive. This year’s Theme is “Follow Me” (Mt. 16:24).

Since the diocese is extremely supportive of Cathedral parish, it is important for us to support diocesan sponsored ministries.

\$48,760 has been either pledged/donated.
We have reached 94% of our target. Thank you for participating. If you haven’t already done so, please help us reach our target.



O God, Father of all Mercies, Provider of a bountiful harvest, send Your graces upon those You have called to gather the fruits of Your labor; preserve and strengthen them in their lifelong service of you.

Open the hearts of Your children that they may discern Your holy will; inspire in them a love and desire to surrender themselves to serving others in the name of Your son, Jesus Christ.

Teach all Your faithful to follow their respective paths in life guided by Your Divine Word and Truth.

Through the intercession of the Most Blessed Virgin Mary, all the Angels, and Saints, humbly hear our prayers and grant Your Church's needs, through Christ, our Lord. Amen.

The Church of Altoona-Johnstown
**THE CATHEDRAL
OF THE
BLESSED SACRAMENT**

ONE CATHEDRAL SQUARE, Altoona, Pennsylvania 16601-3315

SIXTEENTH SUNDAY IN ORDINARY TIME JULY 20, 2025

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions.

CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM.
By appointment, by texting or calling 814-937
8240 Communal Penance Services: Advent and Lent.

ANOINTING OF THE SICK:

Upon Request and Communal celebration

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

DEVOTIONS:

Eucharistic Adoration - Normally, the First
Wednesday 12:30 PM - 6:45 PM
Eucharistic Day - Feast of the Body and Blood of Christ.

PRO-LIFE ROSARY

Sponsored by the Christian Mothers on Thursdays after the noon Mass.

Most Reverend Mark L. Bartchak, J.C.D., Bishop

Reverend Monsignor Stanley Carson, Administrator

Paula Clemens, Parish Secretary

DIRECTOR OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 12 - 814-312-7317
Religious Education Office: Sundays - 814-943-7424
E-mail: claraia@dioceseaj.org

DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO
Music Ministry Office - 814-944-2044
E-mail: lthayer@dioceseaj.org

CHRISTIAN INITIATION TEAM - 814-944-4603

CATHOLICS RETURNING HOME - 814-944-4603

**MAIL MINISTRY TO ELDERLY, HOMEBOUND,
SERIOUSLY SICK, AND GRIEVING - 814-944-4603**

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12.
Sunday morning 8:30 AM - 9:45 AM Pre-Kindergarten
thru 8. Grades 9-11 Sunday Evening at 6:15.

Church Office: 814-944-4603

E-MAIL: altcathedral@dioceseaj.org

Fax: 814-942-4337

WEB

www.altoonacathedral.org



Facebook

www.facebook.com/cathedralofaltoona



Mass Times

Sunday:	Weekday:
5:00 PM (Vigil)	12:00 Noon
8:00 AM	
10:00 AM	Saturday:
5:00 PM	12:00 Noon

Serving the People of God in the City of Altoona Since 1851